

אמר רבי יוחנן משום רבי שמעון בן יוחי אלמלא משמרוין ישראל שיתיה שבתות פהלקתן מינד נגאלין. (שבת קי"ח ע"ב)

אלמלא שמרו ישראל שבת ראשונה לא שלטה בהם שום אמה ולשון (שבת קי"ח ז"ח בשלה ל"ז).

אין ישראל נגאלין אלא בזכות שבת (ויק"ד ג' א).

שקולה שבת ככל התורה פולה, והשומר שבת פאילו שומר כל התורה (זוהר חלק ב' מ"ז קנ"א).

המענגים את השבת, הקדוש ברוך הוא נותן להם משאלותם (תיקוני זוהר נ"ה ל"ג).

בשבת מתברכין כל ו' ימי השבוע (זוהר חלק ב' ס"ג).

כל ימי השבוע מקבלים שפע מן יום השבת (זוהר ח"א ע"ה).

אם ישראל היו מקימין שבת אחת פהלקתן מינד היו נגאלין (תיקוני זוהר תיקון כ"א נ"ז).

כל שהוא מתענג בשבת, שואל, והקדוש ברוך הוא נותן לו משאלותיו (פסיקתא רבתי כ"ג).

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מאן דמחלל שבת אינו משומר מהקדוש ברוך הוא (תיקוני זוהר בהקדמה י"ב).

השכינה שומרת לשומרי שבת ויום טוב (זוהר חלק ג' קע"ט).

כל העובר על שאר המצוות הרי הוא כחלל רשעי ישראל אבל מחלל שבת בפחסיא הרי הוא פעובד עבודה זרה (רמב"ם יד החזקה - הלכות שבת פ"ק ל').



SANCTIFYING THE SHABBOS

As Described in The Talmud,
Midrash, Zohar, and
Halachic Authorities

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By

*Rabbi Sholom Yehuda Gross*

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~~~~~

**We appeal to you not to disregard this book by putting it aside,
but to read it from time to time, as well as to disseminate
it among relative, neighbors, and friends. By doing
so, you, too, will have a share in *zikuy harabbim*.**

May the L-rd grant us the ability to do His will with a pure heart, so that no pitfalls result from our work, G-d Forbid, and that we should merit that G-d's name be sanctified in the world through us, and that we should live to see the G'eulah *Shlema* in our days, in the very near future. Amen.



SANCTIFYING THE SHABBOS

THE SHABBOS IN ISRAEL ACCORDING TO HALACHAH

The Shabbos is the Basis of the sanctity and the purity of Israel. The tremendous damage to the body and to the soul of the person who violates the Shabbos, and the great reward in store for those who observe it scrupulously.

This Booklet concerns the proper observance of the Shabbos (Anthology of laws related to common occurrences, in theory and practice.).

Stories of Tzaddikim regarding the sanctity of the Shabbos.

Stories of Tzaddikim inspire one to trust in G-d and to long for him with all one's heart and soul.

All this I collected from Rabbinic sources, namely the Talmud Bavli and Yerushalmi, Midrashim, Zohar, Tikunei Zohar, works of Rishonim, and ethical works of Acharonim, whose words inspire the reader to beware of any doubt in his observance of the Shabbos.

I trust that their words will make an indelible impression on the hearts of our brethren, and may this be the fruit of my efforts to remove this obstacle from Jewish homes throughout the world.

~~~~~

*By*

***Rabbi Sholom Yehuda Gross***

***Look what the experts are saying about this amazing book and how it can bring you happiness***

“The City of Crakow hits a solid home run and you cannot afford to miss it ... the overall quality, readability and startling knowledge derived therefrom, I must admit can be compared to nothing I've ever read.”

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“This book reads with greatness of ease and speaks in a language for all to understand. It is beneficial for both young and old, enjoy the most valuable knowledge derived from this true classic – can never be forgotten.”

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*Rabbi Avrohom Kaufman*

*In the author's previous works, among them Responsa Zivchedi Zedek, Afiath Matzot, Achilas Matza B'Yisrael, Nefesh Yeshaya, and Minchath Yehudah, letters of appreciation and suport were printed from Geonim and Tzadikkim of our generation, the authorities upon whom the Hous of Israel depends!*

**Rabbi Eliyahu Zlotnik – Zecher Tzaddik L’bracho**

*Member of the Rabbinical Court of the Ada HaChereydit in Jerusalem*

**Rabbi David HaLevi Yungreis - Zecher Tzaddik L’bracho**

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*The head of the Rabbinical Court of Arad*

# ABOUT THE AUTHOR

Harav Sholom Yehuda Gross, Shlita, is an internationally renowned author, a most distinguished and erudite Talmudic and Halachic scholar and research specialist, having written on crucial issues impacting upon our obligatory daily mitzvah observance concerning the **Torah's** Commandments dealing with, **SHABBOS, MEZUZOS** and **TEFILLIN, KASHRUS, GAN EDEN (Paradise)**, etc., etc.

## Endorsements

I have seen many of the Seforim by Rabbi Sholom Yeshivah Gross, Shlita, Rabbi of Holmin, from Brooklyn, with whom I am well acquainted. Among them are the works entitle: *Achilath Matzoh b'Yisroel, 7 vol.*; *Afiath HaMatzoth Hashalem, 3 vol.*; *Responsa Zivuchu Zivchei Tzedek*; *Oholei Yisroel*; *D'var Mosheh*; *Mezuzath Sholom*; *Minchath Yehudah*; and, many others. They are all written in a manner and form worthy of the attention of Torah scholars. The author, a Gaon, has organized and explained each topic with extensive erudition and profound understanding. These Seforim documents the laws and ideas concerning many areas of Halacha in which observance has, unfortunately, become lax. Shortage of time has denied me the possibility to properly review his works. I, therefore, am not in a position to endorse his legal decisions. However, this Gaon, the author, may be relied upon since he has already displayed his ability in this field, and has authored his works without any ulterior motives, only for the honor of G-d and his Torah. I therefore, hope that all observant Jews will assist the learned author of these books, for it is a great Mitzvah to encourage him and support him as much as possible.

I, therefore, affix my signature in honor of the Torah and those who study it, on the eighteenth day of Sivan, 5740.

Moshe Feinstein

## ABOUT THE AUTHOR

Harav Sholom Yehudah Gross, Shlita, is an internationally renowned author, s most distinguished and erudite Talmudic Scholar and Halachic Scholar and research specialist, having written on crucial issues impacting upon our obligatory daily mitzvah observances concerning the Torah's Commandments dealing with **SHABBOS, MEZUZOS** and **TEFILLIN, KASHRUS, GAN EDEN (Paradise)**, etc., etc.

He has provided all the necessary information required to enable an individual to lead a true Jewish Life.

His numerous and multifaceted Seforim, some 770 works relating to Jewish Law - encompass the diverse and wide-ranging areas of Jewish Halacha.

Though a Rav of the European school of thought – Rabbi Gross is extremely knowledgeable of the technological manifestations of the modern era. Living in a period of great discoveries which daily create new problems in many areas of Jewish Law (e.g. the field of Kashrus) and other important areas.

Rabbi gross is not satisfied with the thoroughness of this halachic findings; indeed, he made inquiries by contacting various departments of both the State and Federal Governments, as well as physicians, veterinarians, etc., to discern and to establish the FACTS.

First, he informs and advises what is best for us and then he provides specific information based upon the dictums of our past sages and halachic authorities. In addition, where policies he has elicited direct governmental response to arrive at his own determination.

Everyone of Rabbi Gross' Seforim has be acclaimed, in writing, by the greatest Torah authorities, who concur with the results of his findings, and who make an impassioned plea to all Rabbis and Leaders to unit under one banner and to support his quests and ideals.

It is the author's sincerest desire and prayer that the reader will achieve an awakened and heightened spirituality enabling him to attain the stature of being a beloved child to our Father in Heaven; Is this not everybody's wish ?

## SANCTIFYING THE SHABBOS

(As described in the **Talmud, Midrash, Zohar, and Halachic Authorities**)

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### Chapter I

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#### **THE GREAT REWARD AND GLORY PROMISED HIM WHO SANCTIFIESTHE HOLINESS OF SHABBOS AND THE PUNISHMENT THREATENED HIM WHO DESECRATES THE SHABBOS**

1. "To fear the L-rd your G-d all thy day"- This refers to **Shabbos** and Festivals (**Yevamoth 93**).
2. "For the sin of desecrating the **Shabbos**, wild beasts multiply, cattle decimated, and the human population decreases" (**Shabbos 33**).
3. "Fires are common only where there is desecration of the **Shabbos**" (**Shabbos 119b**).
4. "Jerusalem was destroyed only because the **Shabbos** was desecrated" therein (*ibid.*).
5. When rabbi Shimon Ben Yochai would see his mother talking too much on **Shabbos**, he would say to her, "Mother, today is **Shabbos**" (**Yerushalmi Shabbos 15:3**).
6. "We may accept sacrifices from Jewish sinners so that they will repent, except from an apostate who offers wine a s libation to idols, or a flagrant violator of the **Shabbos** – From here we deduce that idolatry and desecration of the **Shabbos** are of equal gravity" (**Eruvin 69b**).
7. **Shabbos** is of paramount importance, hence people must no treat it lightly (**Betzah 36a**).
8. "On Friday they would not fast, out of respect for **Shabbos**, surely not on **Shabbos** itself" (**Taanith 27b**).
9. "I would think that honoring one's father and mother would supersede the **Shabbos**. Scripture state, therefore: Each man shall fear his mother and father, and you shall observe my **Shabbosim**." (**Yevamoth 5b**).
10. "Women die young as a punishment for washing their children's soil on **Shabbos**" (**Shabbos 32a**)



11. "One who casts excessive fear upon members of his household, will eventually desecrate the **Shabbos**" (**Gittin 6b**).
12. "Because of three things, householders lose their property: ... they inspect their property on **Shabbos**; they eat their meals on the **Shabbos** while Torah learning is being conducted in Shul."(**Gitten 35b**).
13. "The river Sambatilon is evidence of **Shabbos** observance" (**Sanhedrin 65b**).
14. "The pious men of yore would engage in marital relations only on Wednesday, lest their wives come to desecration of the **Shabbos** (should they give birth on **Shabbos**)" (**Niddah 38a**).
15. "Whoever does not observe **Shabbos** willingly while he is (on earth), will observe it here against his" (**Bereishis Rabbah 11:10**).
16. "If gentiles come to you and ask, 'Why do you keep **Shabbos** ?', reply to them 'See, that manna did not fall on **Shabbos**'" (**Shemos Rabbah 25:15**).
17. "Said Haman, If you wish to uproot them, uproot the **Shabbos** and curtail it, afterwards, you will destroy them" (**Esther Rabbah 7**).
18. "Tur Shimon was destroyed because they would play ball on **Shabbos**" (**Eichah Rabbah 2:3**).
19. "Desecration of **Shabbos** is one of three sins for which their perpetrators are blamed for committing all sins." (**Midrash Tannaim**), Deut. 5)
20. "Jerusalem was destroyed only because they disregarded the **Shabbos**." (ibid.).
21. "Whoever desecrates **Shabbos**, although he possesses Torah and good deeds, has no share in the World to Come." (**Avoth d'Rabbi Nathan**, ch. 26).
22. "If you desecrated the **Shabbos**, I consider it as though you desecrated all the commandments (**Shemoth Rabbah 25**).
23. "Whoever desecrates the **Shabbos**, testifies before He Who spoke and the came into existence, that He did not create His world in six days and rest on the seventh" (**Mechilta Yithro**).
24. "Whoever desecrates the **Shabbos** is fed the embers of broom fire" (**Pa'neach Raza**).
25. "The punishment of the **Shabbos** desecrator is double." (**Midrash Tehillim 47:92**).
26. "Any Jew who did not observe **Shabbos** in this World has not rest to eternity. One official takes his body and brings it into Gehinnom in the presence of the wicked, where his soul has no rest in the Hell fires. When **Shabbos** is over, that official returns his body to its places, and each is tortured individually." (**Midrash quoted by Maavar Yabbok, Sifther Renanoth 39**).
27. "Because of desecration of **Shabbos**, we were scattered throughout the Diaspora." (**Tana d'vei Eliyahu Rabbasch. 26**).
28. "It occurred that someone rode a horse on **Shabbos**, was brought to court and stoned not because he deserved it, but because the time required." (**Yevamoth 90, Sanhedrin 46**).
29. "As long as one honors his father and mother, neither the sin of desecration of **Shabbos** nor other sins will come about through him." ( **Tana d'vei Eliyahu Rabbas ch. 26**).
30. "This incident occurred to a man who has an ox that plowed every day. When **Shabbos** arrived, the would let it rest. After a time, this righteous man lost his property and

required to sell the ox to a gentile. When **Shabbos** arrived, the ox refused to low, as was its wont, even after receiving many cruel blows from the gentile. Consequently, the gentile turned to the Jew, the former owner, and requested that he take back the ox. The tzaddik immediately understood, and whispered into the ox's ear that now he belonged to a gentile and was obligated to perform his master's work even on **Shabbos**. He immediately stood up, ready to perform his work. Upon viewing this incident, the gentile feared that the ox was enchanted and did not let the tzaddik go until he related to him the entire matter. When the gentile heard the story, he became frightened, quaked, and deduced a *fortiori* conclusion concerning himself. He reasoned, 'If this animal, which has neither knowledge nor understanding, recognizes its Maker, is it not proper that I, whom the Holy One, Blessed Be He, created in His image and His likeness and gave me knowledge and understanding. Is it not proper that I, too, recognized my Maker?' Immediately, he turned to the fear of heaven and was privileged to learn Torah. He was called Rabbi Johanan Ben Torasa." (lit. the son of a cow) (**Pesikta d'Rav Kahana**, ch. 24; **Midrah Aseres Hadibros**).

31. "Because Rabbi Eleazar ben Azariah did not protest the desecration of **Shabbos** perpetrated through his neighbor's cow, it was counted on his name (he was held responsible) and his teeth became black on account of the fasts (he performed to repent)" (**Shabbos 54; Betza 23; Yerushalmi, ibid.**)\
32. "Whoever desecrated Shabbos, has no forgiveness to eternity (Midrash Tannaim, Deut. 5). (authors remark – unless he repents whole heartedly).
33. "Whoever desecrates **Shabbos** is judged as having committed all evil." (ibid.).
34. "In this world, should a person pick figs on Shabbos, the figs say nothing, but in the future should a person pick figs on Shabbos, it will scream and declare, 'Today is Shabbos !'" (Midrash ShocherTov Ps. 73).
35. "There is a special place in Gehinnom for desecrators of **Shabbos** (Zohar introduction 14).

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### Quotations from Zohar

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1. "If one ignites fire on **Shabbos**, the Holy One, Blessed Be He, says, 'I quenched the fire so that it would not burn, yet you ignite it. You will, therefore, burn in Gehinnom.' " (**Tikkunei Zohar 24, 69b**).
2. "If the Jews do not observe the **Shabbos**, Scripture says: '**Sending away, you shall send away,**' implying two expulsions." (**Tikkunei Zohar 6, 2b**).
3. "If one keeps the Mitzvah of **Shabbos**, he is '**in our image.**' Otherwise, he has no part of the seed of Israel." (ibid.47, 83b).
4. "All those who flagrantly desecrate the **Shabbos** and festivals, with no consideration for the honor of their Creator, just as they did not keep **Shabbos** in this world, so they do not keep it in the future world and they have no peace in Gehinnom. Rabbi Yehuda says: They keep **Shabbos** against their will." (Vol. 2, 150b).
5. "Those wicked who never keep **Shabbos** – the fire of Gehinnom never subsides for them, and all the wicked in Gehinnom ask about them. The angels of justice reply to



them: 'These are the wicked who denied the existence of the Most Holy, Blessed be He, and desecrated the entire Torah by not keeping **Shabbos**.' All the wicked emerge from their place to look at them, as one angel puts the bodies of the **Shabbos** desecrators in Gehinnom within view of the other wicked who see that their worms do not die, nor does their fire extinguish itself all the wicked surround him and announce, "This is so-and-so, the wicked, who had consideration for the honor of his Creator. He denied the existence of the Holy One, Blessed be He, and the entire Torah. Woe is to him! It would have been better for him had he not been created. If so, he would not come to this judgment and action." (Vol. 2, 151).

6. "Just as a person welcomes his '**Neshama Yeseirah**,' (his extra soul) on the eve of the **Shabbos** with eagerness and pleasure and joy, so will his soul be welcome upon his departure from this world" (**Tikkunei Zohar** 6, 23b).
7. "**Shabbos** is respected more than all other festivals" (vol. 2, 88).
8. "A spirit, known as *nega*, a lesion, has jurisdiction over all table that were not set on **Shabbos** with proper delicacies" (vol.2, 261b).
9. "One who can afford to delight ("*oneg*") on **Shabbos**, yet does not do so, the "*oneg*" (pleasure) is converted for him into a lesion ("*nega*") of leprosy (Tikkunei Zohar 21, 58, vol.3, 273).
10. "Amalek attacked Israel just because they did not keep **Shabbos**" (**Zohar Chadash**, Beshallah 37b).
11. "One who detracts from the delight of **Shabbos** is regarded as though he steals from the Shechinah" (**Tikkunei Zohar** 201, 59b).
12. "One who carries out of a private domain to a public domain on **Shabbos**, causes the Shechinah to be void and empty, and darkness to hover the abyss" (**Tikkunei Zohar** 30, 73b).
13. "Whoever desecrates **Shabbos** is left unguarded by the Holy One, Blessed be He" (**Tikkunei Zohar**, Introduction 12a).
14. "One who tells untruths on **Shabbos**, is as though he lies about the entire Torah" (vol. 2, 90a).
15. "Those who do not add (minimum time) to Shabbos and festivals; if he is a scholar, his wisdom departs; if he is wealthy, his wealth departs and he becomes deprived of blessings" (Tikkunei Zohar 19, 38a).
16. "One who fasts on **Shabbos**, is deserving of curse and punishment, but if he fasts (on any other day) to atone for his fast, the decree against him becomes repealed" (vol.2, 107a).
17. "Woe to the person who does not observe the adequate number of **Shabbos** meals (vol, 2, 88b);
18. "All faith is prevalent in the **Shabbos** meal" (vol. 3, 288b).
19. "One who detracts from the **Shabbos** meal, his punishment will be severe" (vol. 2, 88a).

20. "The one who omits a meal on **Shabbos** – his fault appears on high, and he demonstrates that he is not (one) of the inhabitants in the King's palace and not of the holy seed. He is sentenced to three severe punishments of the punishments of Gehinnom ..." (vol. 288b).\
21. "When his table is not set with delights as is proper, he is relegated to the other side (i.e. to the evil forces)" (ibid. 252a).
22. "Upon the departure of **Shabbos** the evil forces come out hurriedly and glide throughout the world, striving to rule over the nation of Israel. The Rabbis therefore, instituted the recitation of the **song of demons** (Ps. 91, which refers to G-D's protection of the righteous from demons). When they see the Jews praying and reciting this Psalm, reciting **havdalah** in prayer and over a cup of wine, they fly away from them and on into the desert." (vol. 1, 14b).
23. "When **Shabbos** departs, all the evil forces glide about the world, and the fire of Gehinnom then commences to blaze" (vol.. 1, 48a).
24. "When Jews recite '*ve'hee no'am*' at the conclusion of **Shabbos**, all the wicked in Gehinnom say, 'You are fortunate, O Israel'" (vol. 2, 207a).
25. "**Shabbos** is the Name of the Holy One, Blessed be He, as is explained in the holy **Zohar, Shemoth** 88. It is , therefore, prohibited to pronounce 'it' where we may not utter holy words of Torah, I know some very pious people who exercise caution not to mention the word **Shabbos** unnecessarily" (**B'nei Yissoschor**, 1:1).
26. "It is stated in the book **Ruach Chaim** (by Chaim Falagi, o.b.m.) ch. 84 that, according to **Chesed L'Avraham**, who maintains that, according to the Zohar. **Shabbos** may not be mentioned in an unclean place, one should rather say, 'Shabbah' instead of '**Shabbos.**' Without a vow, I will take care to 'Shabbah' instead of **Shabbos**" (Sedey Chemed).
27. "Because of three sins, women die during childbirth: ... One of these are because they are not careful with the kindling of the **Shabbos** lights" (**Shabbos** 31b).
28. "Both **Shabbos** (observance) and (the interdiction of idolatry), are each as important to us as all the mitzvos of the Torah. **Shabbos** is the sign between the Holy One, Blessed be He, forever, and us. Therefore, all those who transgress other mitzvos, are included among the wicked of Israel, but those who flagrantly desecrate **Shabbos** are regarded as idolaters in all respects" (**Rambam hil. Shabbos** 7:15).
29. "An apostate for one sin is not regarded as an apostate for the entire Torah, and his slaughtering is not invalid, but an apostate who desecrates **Shabbos** is regarded as an apostate on the entire Torah, and his slaughtering is invalid, his wine is considered like that offered in libation to idols" (**Chulin** 5a **Orach Chaim** 385:3 **Yoreh Deah** 3, 119).
30. "Fires are common nowadays because of the desecration of **Shabbos**" (**Pre Shabbos**, quoted by **Minchath Shabbos** 72:13).
31. "An apostate who desecrates festivals is regarded as an apostate on the entire Torah, just like a desecrators of **Shabbos**, and surely one who desecrates Yom Kippur" (**Daas Torah, hil. Shechitah** 2:29, quoting **Radbaz; Responsa of Rash, Zohar**).



32. "Others maintain that one is considered a flagrant desecrator of **Shabbos** as long as his sin has any publicity, even though it was committed before fewer than ten Jews (**Pelethie** quoting **Rambam** and **Mordechai**, responsa **Maharya Yoreh Deah** ch. 2), In any wise, if his deeds are known to at least ten people, we may not deal leniently with him (as regards his slaughtering, wine, bread, cooking, etc.)" (**Daas Torah** 2:30 in **Yoreh Deah**, **Minchath Shabbos** 72:15).
33. "One who desecrates **Shabbos** is far from considered as living, and moreover, the door to the World to Come is locked before him " (**Minchath Shabbos** 72:18, from Midrash).
34. "There is a (designated) place in Gehinnom for those who desecrate **Shabbos**. Because he lit the candles before the proper time, there is an official in Gehinnom who lights the fire in that place first and says, 'place belongs to so-and-so.' All the wicked in Gehinnom assist him to kindle the fire in that particular place." (**Zohar Bamidbar** 246).

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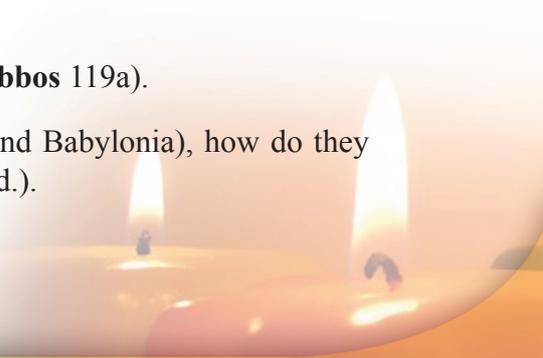
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## Chapter II

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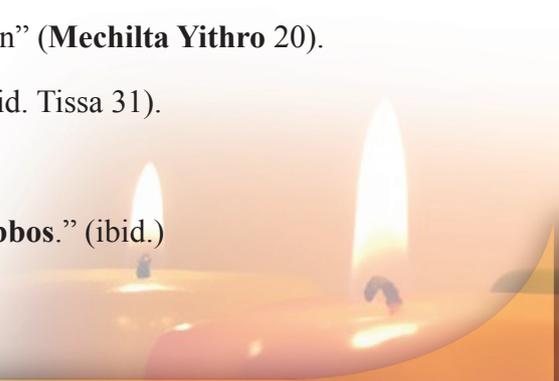
### HONOR GIVEN TO SHABBOS AND THE GREAT REWARD OF SHABBOS OBSERVERS (From Talmud, Midrash, Zohar, and Halachic Authorities)

1. "Whoever fulfills the mitzvah of eating three meals on **Shabbos**, is saved from three evils; viz. the birth pangs of the Meshiach, the retribution of Gehinnom, and the war of Gog and Magog" (**Shabbos** 118a).
  2. "Whoever takes delight in **Shabbos** is given a heritage without limits" (ibid.).
  3. "Whoever takes delight in **Shabbos** will be granted all his heart's desires" (**Shabbos** 118b).
  4. "Whoever observes **Shabbos** according to the law, should he even worship idols like the generation of Enosh, he is forgiven" (ibid.).
  5. "Had the Israelites observed the first **Shabbos**, no nation or tongue would dominate them" (ibid.).
  6. "If Israel would only observe two (2) **Shabbosim**, according to the law, they would be immediately redeemed" (ibid.).
  7. "The L-rd's blessing will bring riches" (Prov. 10:22) - "This is the blessing of **Shabbos**" (**Yerushalmi Berachoth** 2:8).
  8. "HE who lends to **Shabbos**, the **Shabbos** repays him" (**Shabbos** 119a).
  9. "The wealthy in other countries (excluding Eretz Yisrael and Babylonia), how do they merit (their wealth) ? Because they honor the **Shabbos**" (ibid.).
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10. "Why do **Shabbos** foods have a fragrant aroma?" He replied, "We have a certain seasoning called **Shabbos**, which we put into it, giving it this fragrant aroma. 'Give us some,' said he. It is efficacious only to those who observe **Shabbos**, he replied" (ibid.).
11. "Whoever prays on **Shabbos** eve and says, 'Vayechullu,' two ministering angels escort him, lay their hands on his head and say to him, 'Your iniquities will be forgiven ...' " (**Shabbos** 119b).
12. "On the eve of **Shabbos** two ministering angels escort a person from the synagogue to his home. One good and the other bad, and upon his homecoming, finds a candle lit, a table set and a couch covered with a spread, the good angel announces, 'May it be His will that next **Shabbos** be adorned as this one,' and the evil angel unwillingly responds, 'Amen,' " (ibid.).
13. "Whoever prays on the eve of **Shabbos** and says, 'Vayechullu,' is considered by the Scripture as if he were a partner with the Holy One, blessed be He in the work of Creation" (ibid.).
14. "Said the Holy One, Blessed be He to Israel, 'My children borrow on My account (buy wine in order to) recite the kiddush for the day, and believe Me that I will reimburse you" (**Betzah** 15b).
15. "All one's food is allotted to him from Rose Hashanah to Yom Kippur, except for the expenditures of the **Shabbos**" (**Betzah** 116a).
16. "The Holy one, Blessed be He, gives a person an additional soul on the eve of **Shabbos** and takes it back at the conclusion of the **Shabbos**" (ibid.).
17. "Would Israel observe two **Shabbos** properly the son of King David would immediately come" (**Yerushalmi Taanith** 1:1).
18. "The light of a person's countenance in all the week days is not as it is on the Holy **Shabbos**" (**Bereishith Rabba** 11:2).
19. "The Holy One, Blessed be He, wished to hide the light, yet He bestowed honor upon **Shabbos** (and kept it until after **Shabbos**)" (ibid.).
20. "In reference to Abraham, while no **Shabbos** observance is mentioned. He therefore, inherited the world with a measure. Jacob, however, in whose reference **Shabbos** observance is mentioned, inherited the world without a measure" (ibid. 11:8).
21. "The community of Israel is the **Shabbos's** mate." (ibid. 11:9).
22. "If your children (the community of Israel) will accept the **Shabbos**, they will enter the land, if not, they will not enter." (**Bereishith Rabbah** 46:7).
23. "If Israel observes **Shabbos** properly, for even one day, the son of David (Moshiach) would come. Why? Because it is equal to all the mitzvos in the Torah." (**Shmos Rabbah** 25:15).
24. "We find in the Pentateuch, the Prophets, and the Hagiographa, that **Shabbos**, is equal to all the mitzvoh" (ibid.).



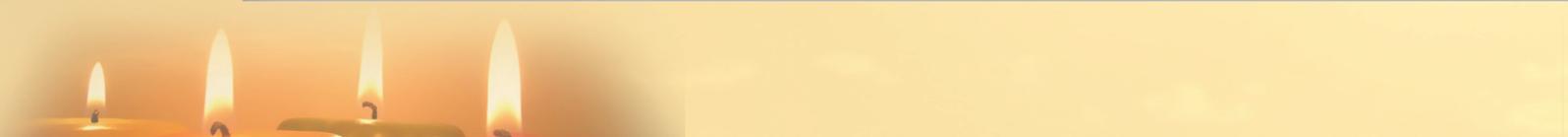
25. "When a person observes **Shabbos**, and he issues a decree, the Holy One, Blessed be He fulfills it" (ibid.).
26. "In the merit of two things, Israel makes themselves like favorite children in the eyes of the Omnipresent, viz. The observance of both **Shabbos** and tithes" (**Tanchuma parashath Réh.**).
27. "Israel will be redeemed only in the merit of **Shabbos**" (**Vayikrah Rabbah** 3:1).
28. "I gave you Shabbos for your good only. Hallow **Shabbos** with food, drink, clean clothing, and enjoy yourselves and I will reward you." (**Esther Rabbah** 7).
29. "When Adam saw the excellency of the **Shabbos**, he began to sing praises and songs about it before the holy One, blessed be He" (**Koheleth Rabbah** 1:3).
30. "Honoring **Shabbos** is tantamount to one thousand fast days, for honor of **Shabbos** is a Torah obligation, whereas fasting is a Rabbinical obligation" (**Tanchuma Bereishith** 3).
31. "Just as the observance of **Shabbos** defended Adam, so did it defend Cain" (ibid.).
32. "For the following reason we do not recite the formula of eighteen blessings in prayed on **Shabbos**: for if someone has a sick person in his house, he will remind himself upon reciting the blessing, 'who heals the sick of His people Israel,' and he will feel distressed. **Shabbos**, however was given to Israel for sanctity, delight, and peace, not for unpleasantness or pain." (ibid. **Vayera** I).
33. "The dead too, are given the power to recognize the holiness of the day of **Shabbos**" (ibid. **Tissa** 33).
34. "Every day, the manna had a fragrant aroma, but on **Shabbos**, even more so; everyday it blazed like gold, but on **Shabbos**, even more so" (**Mechilta Beshallach** 16).
35. "If you merit to keep **Shabbos**, the Holy One, Blessed Be He, will give you three festivals: 'Pesach, Shavuot, and Sukkot.'" (ibid.).
36. "If you merit observe **Shabbos**, the Holy One, Blessed be He will give you six good entities, Eretz Yisrael, the World to Come, the New World (after the resurrection), the Kingdom of the House of David, the Priesthood, and the status of the Levites" (ibid.).
37. "If you merit to observe **Shabbos**, you will be saved from three evils: from the day of Gog and MaGog; from the birth pangs of Messiah; and, from the day of the Judgment" (ibid.).
38. "One who observes **Shabbos** is kept far from sin" (ibid.).
39. "The **Shabbos** day is equal to the entire work of the Creation" (**Mechilta Yithro** 20).
40. "**Shabbos** resembles the sanctity of the World to Come" (ibid. **Tissa** 31).
41. "**Shabbos** increases the sanctity of Israel" (ibid.).
42. "Whoever observes **Shabbos** is as though he made the **Shabbos**." (ibid.)



43. "Whoever keeps one **Shabbos** properly, Scripture accounts it as though he kept all **Shabbosim** from the day the Holy One, Blessed Be He, created His world until the dead will be resurrected" (ibid.).
44. "**Shabbos** will never be curtailed from Israel. Similarly, everything that the Jews sacrificed their lives for, such as the **Shabbos** and circumcision, remain with them, for all time, and are never to be removed." (ibid.).
45. "When Israel became impoverished of the mitzvos, only the merit of **Shabbos** stood them in good stead" (**Mechilta d'Rabbi Shimon Bar Yochai Tissa** 17).
46. "The inhabitants of Syria live in the merit of honoring the festivals and **Shabbosim**" (**Pesikta Rabbathi** 23).
47. "Whoever enjoys **Shabbos**, may ask, and the Holy One, Blessed Be He, gives him his requests" (ibid.).
48. "Even if you have desecrated the entire Decalogue, but you have fulfilled only one thing, I will forgive you. Which is that ? The **Shabbos** day" (ibid. 28a).
49. "Whoever recites a blessing over wine on the evening of the **Shabbos** – will cause his days and years to be lengthened" (**Pirke d'Rabbi Eliezer**, ch. 18|).
50. "In the merit of **Shabbos**, a person is saved from the judgment of Gehinnom." (ibid. 19a).
51. "Anyone who delights in **Shabbos** is accounted as though he honored the Holy One, Blessed Be He" (**Tana d'vei Eliyahu Rabba** 26a).
52. "The Holy One, Blessed Be He, stipulated with Avraham in the merit of **Shabbos** and circumcision, his children will not descend in Gehinnom" (**Aggadath Bereishith** 34).
53. "If you light the **Shabbos** candles, I will show you the candles of Zion" (**Yalkut B'Haalothcha** 719).
54. "Those who descend into Gehinnom are punished everyday in the year, they are given respite, however, on **Shabbos** until the prayers are finished upon the conclusion of **Shabbos**" (**Yalkut Job** 956).
55. "When **Shabbos** is consecrated on the eve of **Shabbos**, the tent of peace presides and is spread out all over the world" (**Zohar Bereishith** 48).
56. "All six days are blessed in the merit, that of the seventh day" (**Zohar Shemoth** 63).
57. "There are three types of sanctity in the world, viz. The sanctity of the Holy One, Blessed Be He, the sanctity of **Shabbos**, and the sanctity of Israel" (**Letters of R. Akiva, letter shin**).

### Quotations from the Holy Zohar concerning Shabbos

1. "Both in the case of man and beast, the Torah demanded that one **Shabbos** pass over them; in the case of man, the circumcision is performed after eight days, and in the case of beasts, a beast becomes fit for sacrifice only after eight days" (**vol. 3, 91a**).

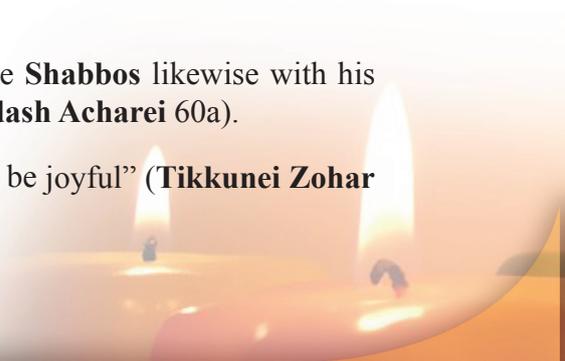


2. "Faith is bound with the **Shabbos**" (vol. 3, 94b).
3. "The fire of holiness and **Shabbos** are intertwined" (vol. 3, 254).
4. "**Shabbos** protects from all evil sides, i.e. evil forces" (**Tikkunei Zohar** from **Zohar Chadash** 168b).
5. "The entire creation depended on **Shabbos**" (vol. 1, 5b).
6. "In the merit of **Shabbos**, all six days of the week are blessed" (vol. 2, 63b).
7. "All blessings above and below depend upon the seventh day" (vol. 2, 88a).
8. "All worlds become permeated with blessings on **Shabbos**" (vol. 3, 94b).
9. "Had the Jews observed just one **Shabbos** properly, they would have been immediately redeemed" (**Tikkunei Zohar** 21, 57a).
10. "Even the wicked in Gehinnom are crowned on the **Shabbos** day, and are granted rest and tranquility" (**Zohar Chadash, Bereishith** 22a).
11. "On **Shabbos**, neither Gehinnom nor its officials have dominion" (**Tikkunei Zohar** 24:69, **Zohar** vol. 2, 88b, 130a).
12. "The wicked in Gehinnom rest on the holy **Shabbos** day" (vol. 4, 94b).
13. "There is a special place in Gehinnom for desecrators of **Shabbos**" (vol 1:14b).
14. "One who engages in mundane conversation on **Shabbos**, desecrates the **Shabbos**" (vol. 63B, **Tikkunei Zohar** 48, 88b).
15. "On **Shabbos**, no judgment is executed either above or below" (vol. 3, 288b).
16. "On **Shabbos**, all judgments are suspended" (vol. 3, 88b).
17. "Just as a person makes a dwelling in his heart for the Holy One, Blessed Be He, and for his Shechina, so that they are able to rest on him on **Shabbosim**, so does the Holy One, Blessed Be He, prepare a dwelling for him in the World to Come" (**Zohar Chadash, Tikkun** 137).
18. "**Shabbos** is a bride, who is never brought in to any dwelling except one fit for her honor" (**Zohar Chadash, Ruth** 23b).
19. "Those who run to hear the sermon on **Shabbos** have a special palace reserved for them" (vol. 3, 299b).
20. "Whatever one spends on food and drink in honor of **Shabbos**, he is in essence lending to the Holy One, Blessed Be He, who, in turn, repays him many times over" (vol. 255a).
21. "When one adds foods and delicacies on **Shabbos** – increase will be given him, and whoever decrease – it will be decrease for him" (**Tikkunei Zohar from Zohar Chadash** 155a).
22. "**Shabbos** is joy for the Holy One, Blessed Be He, and the Shechina, a joy both above and below" (vol. 3, 94b).

23. "On **Shabbos**, one must arrange a beautiful couch, with many pillows and embroidered cushions, from all the best he has in the house" (vol. 272b).
24. "On **Shabbosim** and festivals, the Jews are free from all the nations of the world, and do not fear any oppressors in the world" (**Tikkunei Zohar** from **Zohar Chadash** 158b).
25. "On **Shabbos**, all pain, wrath, and oppression in the world are forgotten, for that is the day for the Holy One, Blessed Be He" (vol. 3, 95).
26. "All days of the week receive abundance in the merit of **Shabbos**" (vol. 1, 75b).
27. "The Jews are fortunate, for they have merited to inherit the **Shabbos**" (ibid. vol. 2, 207b).
28. "Fortunate is the lot of he who merits to honor the **Shabbos**; he is fortunate in this world, and will be fortunate in the World to Come" (vol. 2, 64A, 207a).
29. "When a person honors the **Shabbos** wholeheartedly as befits it, the Holy One, Blessed Be He, reads the verse, 'You are my slave, O Israel, with whom I pride Myself ' ' [(Is. 49:3) (in reference to him)] (vol. 2, 209a).
30. "When one observes and honors **Shabbos**, and delights in it in honor of the Holy One, Blessed Be He, The holy One, Blessed Be He, gives him on High, and he rests tranquilly from the toil of the world" (**Tikkunei Zohar** 70, 131a).
31. "Just as a person brings to the Holy One, Blessed Be He, and his Shechina on **Shabbos**, so does the Holy One, Blessed Be He, do for him and mate in the World to Come" (**Zohar Chadash, Tikkunim** 137b).
32. "**Shabbos** is the remembrance of rest in the world, and this includes the entire Torah" (vol. 2, 92).
33. "On **Shabbosim** and festivals, the souls clothe themselves with shirts" (**Tikkunei Zohar, Introduction** 11a).
34. "On **Shabbos**, one should wear white garments or pretty colors" (**Zohar Chadash Yithro** 51).
35. "Through this additional given soul, all mundane matters are forgotten, as well as all pains and distresses" (vol. 1, 48b).
36. "On **Shabbos**, a person is given an additional soul, a higher one, whose perfection is a model of the World to Come" (vol. 2, 88b).
37. "When the evil forces see that Jews have made a change in honor of **Shabbos** in all matters, both in attire and in food, they have no permission to come close to them" (**Tikkunei Zohar** 201, 57).
38. "On **Shabbosim** and festival, Satan has no dominion; nor does he have power in Gehinnom" (vol. 3, 243).
39. "When the Holy One, Blessed Be He, created the world, it was unable to exist until peace and rest abided; that was the **Shabbos** (vol. 3, 176).



40. "**Shabbos** is a sample of the World to Come" (vol. 1, 48, **Zohar Chadash Bereishis** 21b).
41. "On **Shabbos**, protection dominates the Holy People" (vol. 2, 205).
42. "Multitudes of angels fly hither and thither, crowning the Jews with additional soul" (vol. 2, 136a)
43. "The Holy One, Blessed Be He, grants the requests of those who delight in the **Shabbos** (**Tikkunei Zohar**, 50 18, 33b).
44. "A chosen angel stand and prevents those who delighted in **Shabbos** as befits it, to be burnt in the river of fire" (vol. 3, 252b).
45. "Upon the arrival of **Shabbos**, angels remove all grief from Israel, toil, embitterness, and wrath" (vol. 2, 25a).
46. "Fortunate are the Jews, for the Holy One, Blessed Be He, took pleasure in them and gave them **Shabbos**, which is holier than all other days" (vol.2, 47a).
47. "Had the Israelites observed the first **Shabbos**, no nation or tongue would have dominion over them" (**Zohar Chadash, Beshallach** 37a).
48. "When Rabbi Shimon would see his mother talking on **Shabbos**, he would say to her, 'Mother, be quiet; it is **Shabbos**, and this is prohibited' " (vol. 1, 32a).
49. "A person is endowed with an additional soul on **Shabbos**; this is the holy spirit, which rests upon and crowns him with a holy crown. This is from that spirit that will rest on the **Tzadikim** in the future." (**Zohar Chadash Bereishith** 21b)
50. "For matters pertaining to mitzvos, it is preferable to run even on **Shabbos**" (**Zohar Chadash** 58a, 28a).
51. "There is no other praise and exaltation before the Holy One, Blessed Be He, compared to the praise of **Shabbos**; the Heavenly and earthly creatures all praise Him in unison, and even the **Shabbos** day itself actually praises Him" (**Zohar Chadash Bereshith** 22a)
52. "Neither accuser nor demon has dominion on **Shabbos**" (vol. 3, 273a).
53. "The Shechinah did not remove itself from Israel on any **Shabbos** or festival" (vol. 3, 179).
54. "The Shechina guards those who keep **Shabbos** and festivals" (vol. 3, 179b).
55. "**Shabbos** is one of the many names attributed to the Holy One, Blessed Be He" (vol.2, 88b).
56. "When a man enters his home joyfully and inaugurates the **Shabbos** likewise with his wife; the Shechinah says, 'This one is mine' " (**Zohar Chadash Acharei** 60a).
57. "If one is sad on weekdays, at least on **Shabbos**, he should be joyful" (**Tikkunei Zohar** 21, 57a).



58. "Amongst all good deeds a person performs, no other good under the sun does he have but to eat, drink, and to show joy on **Shabbosim** and festivals" (vol. 2, 252a).
59. "Even the wicked in Gehinnom are guarded on **Shabbos**" (vol. 1, 48a).
60. "On **Shabbos**, all Heavenly gates are opened" (vol. 1, 48a).
61. "Fortunate are those who engage in Torah Study on **Shabbos** more than on weekdays" (vol. 3, 74a).
62. "**Shabbos** encompasses the entire torah, and all secrets of the Torah are dependent upon it. Also, the fulfillment of **Shabbos** is likened to the fulfillment of the entire Torah" (vol. 2, 92a).
63. "**Shabbos** is equal to the entire Torah, hence one who observes **Shabbos** is as though he observes the entire Torah" (vol. 2, 47a, 151a).
64. "The regret one has of not observing **Shabbosim** and festivals according to law are more precious to the Holy One, Blessed Be He, than all sorts of spices" (vol. 3, 243a).
65. "All faith is found in **Shabbos** repasts" (vol. 3, 288b).
66. "Jews are recognized as princes in the **Shabbos** meals" (vol. 2, 88b).
67. "**Shabbos** repasts belongs only to Jews, not to gentiles" (ibid.).
68. "All tables people set on **Shabbosim** are brought into one palace, and fortunate is the lot he whose table is seen there without shame, as it is proper, everyone according to this ability" (vol. 2 204a).
69. "At the conclusion of **Shabbos**, the souls ascend, and the Holy One, Blessed Be He, ask them all, 'What new facets have you discovered in the torah in this World? ' " (vol. 3, 173a).
70. "At the conclusion of **Shabbos**, Jews must tarry, so as not to appear as though they are pushing the **Shabbos** away" (vol. 2, 207a).
71. "At the conclusion of **Shabbos**, the spirits ascend, fly around the world, and, because of this, it was instituted to recite the Psalm of the demons (Ps. 91) (vol. 1, 48a).
72. "At the conclusion of **Shabbos**, we commence with '*V'hu Rachum*,' (and He being merciful), because the execution of judgment is being reinstated" (vol. 2, 207b).
73. "When **Shabbos** departs, we say, '*Veehee Noam*,' to be saved from the punishment of the wicked" (vol. 1, 197b).
74. "If someone lights a candle at the conclusion of **Shabbos**, before the congregation reaches '*Kedushah of V'attah Kadosh*,' he causes the fire of Gehinnom to be ignited before its time, and the wicked in Gehinnom curse him, for one may not light the candle at the conclusion of **Shabbos**, until the Jews have recited *Havdalah*, both in prayer and over the cup of wine, for, until then the sanctity of **Shabbos** still has dominion, but if he waits until the congregation has recited the *Kedushah* of '*V'attah Kadosh*,' the wicked justify the verdict and bless that with all the blessing of '*V'yitten L'Cha*' " (vol. 1, 14b).



75. "At the conclusion of **Shabbos**, the souls ascend and become crowned with holy crowns above" (vol. 2, 98a).
76. "**Shabbos** is great in that the high priest may not enter to perform the sacrificial service, until **Shabbos** passes." (Midrash quoted by **Ohr Olam** at the end of **Reishith Chochmah**, also **Rambam**, hil. **Klei Hamikdash** 4:13).
77. "**Shabbos** is so great that, when Jews become impoverished of good deeds, only **Shabbos** stands them in good stead" (ibid.).
78. "**Shabbos** is so great that it is superseded only by danger to life" (ibid.).
79. "On **Shabbos**, the two crowns of '*Naaseh V'Nishma*,' are returned to Jews" (Midrash quoted in **Ramathaim Tzofim** on **Tana 'D'vei Eliyahyu Zuta**, vol. 2, 12).
80. "There was an incident concerning a pious man, that a breach was made into his field. He decided to fence it in, and he reminded himself on **Shabbos**. Therefore, that pious man refrained from fencing in his field, and a miracle occurred for him, that a caper bush grew up, from which he and his household derived their livelihood." (Shabbos 113b).
81. "There was a certain fish that rests on **Shabbos** on the seashore, until the conclusion of **Shabbos**. His name is **Shabbasai**" (*Serer Hatagin*).
82. "The fire of Gehinnom rests on **Shabbos** and the New Moon" (**Pesikta** quoted by **Tosafoth** and **Mordechai** in **Chapter Arvei Pesachim**).
83. "Every **Shabbos** day, the wicked rest in Gehinnom. And not only that, but they are crowned with the crown of the **Shabbos**. On Friday, they are punished in Gehinnom doubly, just as we find in the account of the manna." (Midrash quoted by **Oneg Shabbos** and **Taanug Shabbos**).
84. "A person is required to welcome his master on **Shabbos**" (**Rosh Hashanah** 16b **Sukkah** 27).
85. "R. Eliezer say: In twenty-eight places the Scripture warns us concerning **Shabbos**" (Midrash quoted by **Kisoth L'veith David**, fourth house, gate 23).
86. "The laws of **Shabbos** have little Biblical reference, but many oral laws" (**Chagigah** 10b).
87. "For a living newborn child we desecrate **Shabbos**, so that he will observe many **Shabbosim**. For David, King of Israel, who is dead, we may not desecrate **Shabbos**. When a person dies, he becomes exempt from all commandments" (**Shabbos** 151b).
88. "They permitted consoling mourners and visiting the sick on **Shabbos** with difficulty" (**Shabbos** 12b).
89. "A gentile who rested on **Shabbos** is guilty of the death penalty" (**Sanhedrin** 58b).
90. "If the King and Queen are conversing, and one goes between them, he is liable to death. So is **Shabbos** between Israel and the Holy One, Blessed, Be He. Therefore, any gentile who comes between them before he takes upon himself to be circumcised, is liable to death" (**Devarim Rabba** 1).

91. "The Holy One, Blessed Be He, gave Adam the commandment of **Shabbos** to keep" (**Bereshith Rabbah** 16).
92. "**Shabbos** defended Adam and Cain" (**Pirke d'Rabbi Eliezer** 19, **Tanchuma Bereshith**).
93. "Jacob observed **Shabbos** before it was given" (**Bereshith Rabbah** 79).
94. "Jacob, in connection with whom Scripture mentions **Shabbos** observance, inherited the World without measure" (ibid. 11).
95. "Joseph observed **Shabbos** before it was given" (**Bamidbar Rabbah** 14; **Tana d'vei Eliyahu Rabba**, ch. 26).
96. "The Patriarchs observed the **Shabbos**" (Midrash quoted by **Chemdas Zvi, Divrei, Yesod Hatorah, Taanug Shabbos**).
97. "My son, take care to delight in the **Shabbos**, to honor it according to your ability, to delight in it with food and drink; do not make yourself a poor man, but honor it above your ability, and take care to eat the third meal, moreover, watch your words on **Shabbos**, because you are destined to give an account for everything" (**Testament of Rabbi Eliezer The Great** 30).
98. "**Shabbos** is one sixtieth of the World to Come, which is completely **Shabbos**" (**Letters of R. Akiva, letter Aleph**).
99. "In the merit of **Shabbos** and circumcision, we do not go down to Gehinnom" (**Aggadath Bereishish, Lech Lecha**).
100. "There is a dove that does not eat plants that were pulled out of the ground on **Shabbos**" (Yaabetz, Beth Middoth, Aliath HaTeva).
101. "There is a fish, that approaches the dry land on Friday at sunset, and does not budge from its place. Even if they wound it with swords and spears, it will not move from its place" (ibid.).
102. "An *am-haaretz*, an ignorant rustic, is afraid of **Shabbos** and tells the truth" (**Yerushalmi D'Mai** 4:1).
103. "Moses appointed guards so that the Israelites would not desecrate **Shabbos**, and they found the wood gatherer" (**Sifre Bamidbar** 15).
104. "Somebody desecrated **Shabbos** and was carrying money. He came before a wise man for instructions how to repent. Said he, 'Distribute the money or its equivalent to poor people who are ashamed to accept charity' " (**Sefer Chasidim** 181).
105. "If someone dies on Friday, it is a good omen for him, at the conclusion of the **Shabbos**, it is a bad omen for him" (**Kethuboth** 103b).
106. "Blessed are you in the city, in the merit of the mitzvos you perform in the city, viz., kindling the **Shabbos** lights" (**Yalkut Shimoni, Deut.** 28).



107. "**Shabbos** is so great that He prohibited work, which is so dear to Him" (**Midrash Tannaim, Deut. 5**).
108. "Whoever delights in **Shabbos** – his prayer is accepted and he merits to sit in the Yeshivah of Heaven" (ibid.).
109. "The Holy One, Blessed Be He, gave **Shabbos** to do away with forgetfulness" (Midrash quoted **Sh'menah Lachmo**, first discourse on **Shabbos**).
110. "In the priestly blessing, 'May ... bless you,' in the merit of 'Remember the **Shabbos** day.' ... 'And may He guard you,' in the merit of 'Observe the **Shabbos** day.'" (Midrash quoted by **Zichron Menachem** 439).
111. "One who hallows himself during the six days of the week, can easily receive the brilliance of the sanctity of **Shabbos**" (**Yosef Lechok, Toldoth** sixth day).
112. "If one comes to receive the brilliance of **Shabbos** when his soul is soiled with the stains of his iniquities, the light of this soul does not have dominion over him" (ibid.).
113. "A repentant sinner especially requires **Shabbos**, since a spark of the Shechinah is drawn upon him and it repels the evil forces within him. The result is that through **Shabbos** observance, this soul and body are both rectified" (**Yosef Lechok, Beshallach**, fourth day).
114. "When a repentant sinner eats on **Shabbos**, he must bear in mind that his delight in **Shabbos** is a fulfillment of G-d's commandments. This is very basic for one who repents of his sins. **He must have this thought in mind every Shabbos**. This will keep him away from the evil inclination and enable him to cleave to holiness" (ibid.).
115. "One who observes **Shabbos** in thought, speech, and deed, even if he worship idols like the generation of Enosh, he is forgiven of his sins. Such **Shabbos** observance surely rectifies sexual transgressions and it is counted as though he observed the entire Torah. He must especially be meticulous to avoid mundane conversation, and surely prohibited talk. He must rejoice to delight in **Shabbos** and to partake of **Shabbos** meals only in honor of this holy day, also to wear **Shabbos** garments purely in honor of **Shabbos**, and designate certain hours for Torah study, for **Shabbos** was given for Torah study only. If one follows this procedure, he will be forgiven of his sins, including sexual one, and if he repents, he will attain spiritual healing" (ibid. **Mishpatim**, sixth day).
116. "When a person admonishes his son and prevents him from sinning, when he attempts to desecrate **Shabbos** the Holy One, Blessed Be He, will instill fear of the father unto the child. For this reason, Scripture juxtaposed, 'Each person must fear his mother and father,' to 'And you shall keep my **Shabbosim**'" (**Sefer Chassidim** 1).
117. "Israel is the Angel of **Shabbos**" (**Sode Raza** 41b).
118. "**Shabbos** is one of a Jew's witnesses, for a person is judged daily by the Holy One, Blessed Be He, and the mitzvos he performs come to testify and defend him on his behalf" (**Midrash Tanchuma**, quoted in introduction of Salomon Buber's Tanchuma, p. 78).
119. "Perform acts conducive to the remembrance of **Shabbos**, viz. bathing on the eve of **Shabbos**, [before the commencement of **Shabbos**], dressing in honor of **Shabbos**,

preparing **Shabbos** delights, and reading matters pertaining to the observance of **Shabbos**” (**Sefer Chassidim** mss. Parma, 1).

120. "As a penalty for ten sins the Jews are exiled from their homeland, one of which is the desecration of **Shabbos**” (Introduction to appendix of **Seder Eliyahu Zuta**, p. 18a).
121. "Quoting the Holy One, Blessed Be He, 'If you will observe Shabbos, I will gather your exiles' ” (Shiltoth, Parsha Bereshish).
122. "Just as on who conscientious concerning the lighting of **Shabbos** candles, is rewarded with wise sons, so likewise, is one who is conscientious concerning myrtles on Succos” (**Maharsha, Chiddushei Aggadoth, Shabbos**).
123. "If you observe the **Shabbos** lights, I will make vivid to you the lights of Zion, and I will not deem necessary for you to see by sunlight, but I personally will render you light, as it is said 'You will no longer have the sun for light by day ... but you will have the L-rd for everlasting light.' How do they achieve this ? In the merit of the candles that they kindle for **Shabbos**” (**Yalkut**, beginning of **Behaalothcha**).
124. “One who prays on the eve of **Shabbos** and recites **Vayechulu**, is regarded by Scripture as though he became a partner with the Holy One, Blessed Be He, in the work of Creation, and the two ministering Angels who escort the person lay their hands upon his head and say to him, 'May your iniquity be removed and your sin atoned for.' ” (**Shabbos** 119).
125. "Whoever recites the brocho over the wine on **Shabbos** evening, merits longevity in this world, and additional years of life in the next world” (**Pirkei d'Rabbi Eliezer**, ch. 18)
126. "One who is conscientious in the observance of kiddush on the Holy **Shabbos**, will merit barrels of wine” (**Shabbos** 23b).
127. "Rabbi Zakkai's disciple asked him, 'How did you merit such longevity?' He replied, '... and I did not neglect the kiddush of [**Shabbos**] day. I had an old mother, who once sold her veil and bought me wine for kiddush.' One taught that when she died she left him three hundred casks of wine. When Rabbi Zakkai, died, he left his sons three thousand casks of wine ...” (**Megillah** 27b).
128. "Rabbi [Yehuda Hanasi] proclaimed a fast, yet no rain fell. Ilfa, or according to some, Rabbi Ilfei, went down [to the reading desk] before him. When he said, 'He causes the wind to blow,' the wind indeed blew. Rabbi asked him, What are your [good] deeds? He replied, 'I live in a very poor village, where there is no wine for **kiddush** or **havdalah**, I go to the trouble of bringing wine for **kiddush** and **havdalah** and I free them of their obligation' ” (**Taanith** 24b).
129. "If one drinks kiddush wine on **Shabbos** evenings, his eyesight that was diminished by taking big steps becomes restored to him” (**Shabbos** 113b).
130. "I gave you **Shabbos** for your benefit only; hallow the **Shabbos** with good food, drink, and clean clothes, and you derive pleasure, yet I reward you” (**Devarim Rabbah** 3).
131. "Rabbi Akiva sat and wept on **Shabbos**. His disciples retorted him, 'Rabbi, you taught us that one must call **Shabbos** a delight.' He replied, 'This is my delight.' ” (**Midrash** quoted by **Shibbolei Haleket**).



132. "**Shabbosim** were given to Israel for eating, drinking, and engaging in words of Torah" (**Yerushalmi Shabbos**, ch. 15).
133. "Scholars, who toil all week in the study of Torah, should enjoy themselves on **Shabbos**, whereas workers, who engage in their work all week, should engross themselves in Torah study on **Shabbos**" (**Pesikta d'Rav Kahana**, ch. 23).
134. "A person should arise early on **Shabbos**, study, attend the synagogue and the study-hall read the Torah, study the Prophets and then go home to eat and drink" (**Tana d'vei Eliyahu Rabba**, ch. 1).

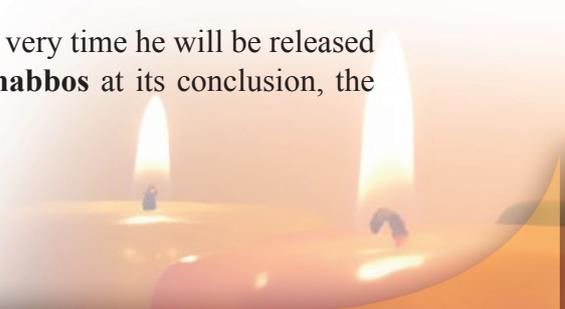
### **Additional excerpts concerning the aforementioned and the Magnitude of the Sanctity of Shabbos**

135. "One who upholds **Shabbos** by sanctifying his thoughts, speech, and deed will find this an extraordinary key to adopt the sanctity on weekdays and for spiritual elevation during the entire week, in his thoughts, speech, and deeds with little effort" (Pele **Yoetz Shabbos**).
136. "The physical benefit derived from **Shabbos** is twofold: one, the a person rests one seventh of his life, thereby benefiting his health, and secondly, that **Shabbos** is a means of motivating a person in his work during the rest of the week, for if a person does not see the end of his work in sight, he will become bored and perform his tasks lazily and reluctantly. But when he looks forward to his day of rest in the very near future, he performs his tasks eagerly, and his work becomes much easier. All this is because a person's imagination wields great power over him, when the toiler imagines that he will rest on **Shabbos**, he will probably find rest in his heart throughout the week. For this reason, the entire week is call **Shabbos**, because of the time within it is designated for rest. This is referred to in the vernacular, for indeed, after resting a person feels, as though he has not worked, and he yearns for his work, which he performs most eagerly. He will follow this procedure all his life" (**Tzedah Laderech** by a disciple of Rabbi Judah, son of Rosh).
137. "The Holy Shabbos bestows spiritual life upon a person for the entire week" (**Reishith Chochmah, Shaar KeKedushah**, ch.2; **Pele Yoetz, Shabbos**, and other holy books).
138. "There is reward for **Shabbos** observance in this world as well as in the next" (see **Shab.** 119).
139. "The holy **Shabbos** is a time for repentance" (Sidduro Shel **Shabbos, Shoresh 1 Divrei Emeth, Lublin**, quoting **Maggid** o.b.m.)
140. "Proper **Shabbos** observance assures one that the Almighty will fulfill his requests on Yom Kippur" (**Ul-Asher Amar**, quoting Rabbi Menachem Mendel of Rimenov, o.b.m.).
141. "**Shabbos** observance insures on that he will not forget his studies" (**Matteh Aharon** quoted by **B'er Shlomo**, vol.1).
142. "The power of **tzadikim** to rescind the harsh decrees of the *All-Mighty*, is derived from the proper **Shabbos** observance" (**Or Lashaim, Parashath Shofettim**, quoting his master, the **Tzaddik of Lublin**).
143. "One who observes **Shabbos** properly is called a religious man ... the foundation of the world" (**Or HaChaim Bereshith**, on the verse, **Va-yevarech Elokim**).

144. "In the merit of the righteous who keep **Shabbos** according to its halacha, in the best possible manner, the remnant of Israel is saved" (**Ohev Israel**).
145. "The destructive forces a person brings upon himself cannot be expelled from upon him, until he performs mitzvos with the same members of his body with which he committed the sins. Then, those newly created angels will drive away the power of defilement. This is impossible without proper **Shabbos** observance" (Found in **Yesod Hateshuvah [Minchath Shabbos**, ch. 72:3, quoted from **Derech Chochmah**).
146. "The Holy One, Blessed Be He, wished to make Israel worthy, to allow everyone to sanctify his 248 members and his 365 veins, by giving us a Torah containing 613 commandments, so that each commandment strengthens one member, and as long as he does not fulfill one of the commandments, that member is missing, making him a cripple. He must be reincarnated in order to rectify the missing member. Since not everyone merits to fulfill all the commandments because of many hindrances and obstacles, the **All-Mighty** granted us a *remarkable gift* known as **Shabbos**" (the observance of which is tantamount to the actual observance of all 613 commandments. Thereby, he creates spiritual raiment for all his 248 members and 365 veins, and a holy soul rests upon him. Then the spirit of defilement is eliminated by the rising power of holiness, which casts down the power of defilement. – Thus, we arrive at the conclusion that the only way to achieve sanctity and become a true tzaddik, is through strict observance of **Shabbos**, through which a holy soul rests upon a person, just as if he had performed all 613 mitzvot.)
147. "Similarly, if one wishes to repent completely of all his sins, both those known and unknown to him, the rectification of which is accomplished only by performing 'bundles' of mitzvos, which is impossible, he has here this wondrous remedy for his soul and spirit. He should to the best of his ability, observe the **Shabbos**, so that he will be benefited both in this world and the next" (ibid. 4, quoting **Sefer Hazechiroth**).
148. "Idolatry and the like, include all fifty gates of defilement. Therefore, an apostate who commits idolatry or profanes **Shabbos** is regarded as an apostate who infracts the entire Torah, and just as if one commits transgressions, for four hundred consecutive days, he enters all fifty gates of defilement, so, if one commits idolatry, he enters them immediately. Similarly, **Shabbos** observance includes the entire Torah, and through **Shabbos** observance (according to halachah), he can enter all fifty gates of holiness at once, as though he has performed mitzvos for 400 consecutive days (as explained in **Chesed L'Avraham**, that it is impossible to enter all fifty gates of holiness unless one's deeds are perfect for 400 days), and by observance of **Shabbos** he becomes released from the entire realm of defilement all at once and he then enters the realm of holiness, as mentioned above" (ibid., quoting **Arvei Nachal**, parashath **Shemini**).
149. "It is moreover, impossible to achieve knowledge of Torah, but only through **Shabbos** observance" (**Me-Or Einamin, Parashath Vayakhel**, 6).
150. "The observance of **Shabbos** is equal to the observance of the entire Torah" (**Or HaChaim, Parashath Va'Etchanan**).
151. "One of the remedies for sexual misconduct is proper **Shabbos** observance" (**Yesod Yosef, Code of Jewish Law, Hil. Ishuth** at the end.).



152. "Shabbos protects us from all harm as well as from subjugation by the nations of the world" (**Yaaroith Devash**, vol. 2, quoted by **Minchath Shabbos**).
153. "By observing **Shabbos** properly, one will achieve the ability to keep his hand from committing any evil deeds" (**Minchath Shabbos**, *ibid.* 16).
154. "A **Shabbos** observer is far from sin" (**Pre Shabbos**, quoting **Mechilta, Minchath Shabbos**, *ibid.*).
155. "As a rule, a mitzvah saves one from temptation only when he is performing it, that mitzvah. However, the proper observance of **Shabbos** saves one from sin throughout the entire week, even when he is not engaged in its observance. Moreover, one who keeps **Shabbos** properly will be blessed with all good, will dominate over his temptation and to be kept far from sin" (*ibid.*).
156. "One who refrains from the thirty-nine types of work on **Shabbos**, is called a '*perfect tzaddik*' and the Holy Spirit rests on him when he is endowed with his additional soul" (**Reb Yeivi**, end of **Noach**).
157. "When one observes **Shabbos** and he proclaims a decree, the Holy One, Blessed Be He, fulfills it" (**Minchath Shabbos** 72:18).
158. "The **Sefer Megalleh Amukkos** state that, on the conclusion of **Shabbos**, Elijah the Prophet sits under the *Tree of Life* and records the merits of Shabbos observers" (**Minchath Shabbos**, *ibid.*, see **Magen Abraham** 295).
159. "A person must restrain his anger in all matters and practice extreme humility on **Shabbos**. Just as the All-Mighty restrains His anger against the wicked in Gehinnom. We are forbidden to worry on **Shabbos** even regarding the destruction of the Holy Temple. We may not mention it at all, nor may we confess our sins" (*ibid.*, quoting **Reishith Chochmah**).
160. "A person must be more exact with his deeds on **Shabbos** and he must be instilled with greater awe than during the week. Moreover, he should be more stringent in his rulings, refraining from even the slightest doubt of a prohibition. Similarly, the penalty for a sin committed is double that of weekdays" (**Shelah HaKodesh, Minchath Shabbos** 20).
161. "Disgracing a Torah scholar is tantamount to disgracing the **Shabbos**, which in turn, is tantamount to idolatry" (**Eliyah Rabbah** 242:1).
162. "We have a tradition; that, when the Jews on earth recite, '**Barchu**' on Friday night, a heavenly voice permeates the heavenly stratosphere declaring, 'You are fortunate, O'Holy people, that you bless below so that you will be blessed from above with many holy gifts. You are fortunate in this world, and you will be fortunate in the next' " (**Pre Etz Chaim** 11).
163. "At the time a person usually ushers in the **Shabbos**, at that very time he will be released from Gehinnom. Similarly, the later one ushers out the **Shabbos** at its conclusion, the later he will be returned to Gehinnom" (**Sode Raza**).



164. "Just like the color of the garments one wears on **Shabbos** in this world, so will be the color of the garments he wears after his passing, on **Shabbosim** and festivals" (**Yalkut Reuveni Bereishith, Sefer Chassidim** 11, 209).
165. "The Holy **Shabbos** is the great sign ... that G-d made everything. He created Heaven and earth in six days and He rested on the seventh day. Since, it is an important fundamental belief that the Holy One, Blessed Be He, created the world, and we are his slave and we are obligated to serve Him with our body and soul, for He affords life to us, supervises over all, grants sustenance to all, and has the power to kill and to quicken. Just because He is the Creator, the Former, and the Maker. The command to observe and to uphold **Shabbos** is mentioned twelve time in the Torah" (**Zichru Torath Moshe** 1).
166. "Because the sanctity of **Shabbos** is so great, the Holy One, Blessed Be He, desires us to benefit thereby that we merit an additional soul and sanctify us on this Holy Day. He, therefore, enjoined us to rest on **Shabbos**, to honor it, to enjoy it, so much that the Rabbis declared that '**Shabbos**' is equal to the entire Torah, and whoever observes this Holy Day properly, is forgiven of all his sins. We are therefore, required to honor this Holy Day. Whoever desecrates the **Shabbos** is tantamount to an idolater" (ibid.).\
167. "A person can ponder and test the validity that when he directs his thoughts and really has fear of G-d in his heart, and his deeds are acceptable, and upon immersing himself on the eve of the **Shabbos**, he will feel an additional soul being imbued unto him, for he will feel the awe of G-d's exaltation coming until the fear and awe of G-d are kindled within him. This test has been proven many times by people and is true beyond a doubt. When his soul is not pure, however, he will not feel the Sanctity of **Shabbos**" (ibid. 2).
168. "Whoever observes **Shabbos** properly and adds from the profane to the Holy, cause the unclean to become sanctified" (**Korban Shabbos**, middle of ch. 12).
169. "At the conclusion of **Shabbos**, Eliyahu Hanavi enters the Garden of Eden, sits under the Tree of Life, and records merits of the Jews (**Eliyahu Rabbah** 299:9).
170. "Two types of additional sanctity are supplemented on **Shabbos**: one through concentration of prayers, and the other through concentration of the **Shabbos** repasts. Corresponding to the sanctity derived from the prayers, we recite, '**Ve'yehee Noam**,' at the conclusion of the **Shabbos** to continue the heavenly pleasantness throughout the prayers of the week, and corresponding to the sanctity derived from **Shabbos** repasts, we eat a fourth meal at the conclusion of **Shabbos** to continue the light of the sanctity of **Shabbos** repasts throughout all the meal of the week" (**Rabbi Chaim Vital**).
171. "Throughout the prayer and the repast of **Shabbos** evening, the first two days of the week are blessed; throughout the prayer and the repast of **Shabbos** morning, the third and fourth days of the week are blessed; throughout the prayer and repast of the afternoon, the fifth and sixth days of week are blessed" (**Yalkut Reuvenie, Beshallach**, quoting **Arizal**).
172. "If one is satiated and the thought of food is repelling to him, he should nonetheless, compel himself to eat, and through this he will be saved the unpleasant experience of taking bitter medicines" (**Orchoth Yosher**, ch. 10, **Yafeh L'lev** 300:1).
173. "Women, to be assured that they will not travail in childbirth; should eat something at the conclusion of **Shabbos** at the repast of Melaveh Malka, escorting the Queen, and



they will give birth easily with the help of the All-Mighty.” (**Divrei Yitzchak** 61, quoting **Rebbe Elimelech**, o.b.m.).

174. "The additional soul does not leave completely until after the repast of the conclusion of **Shabbos**. It is, therefore, inappropriate to engage in work unrelated to preparation of food or to the study of Torah until after the repast at the conclusion of Shabbos” (Arizal in Pre Etz Chaim, 18:24, Share Tereshkova 300).
175. "At the conclusion of **Shabbos**, the additional soul ascends to Heaven and the Holy One, Blessed Be He, asks it: 'What food was placed before you ? What novella of Torah did you hear ?' Then, he places it in the heavenly academy” (Zohar Emory, Kan HaChaim by Rabbi Chaim Falagi 31:26).
176. "Hot food at the conclusion of **Shabbos** is a remedy” (**Shabbos** 119b).
177. "It is a remedy for melancholy” (**Divrei Yitzchak** 90, quoting the **Tzaddik Reb Zusia**, o.b.m.).
178. "One who upholds **Shabbos** is called man” (**Erkei Hakinuyim**: see **Imrei Yitzchak** on Torah, **Vayakhel**).
179. "The Holy **Shabbos** is called *bris*, a covenant, and so it is expounded in Mechilta, 'And you shall keep My covenant,' as referring to the covenant of **Shabbos**, and so say the early Kabbalists, for the **Shabbos** correspond to the observance of Divine emanation of *Yesod*, (i.e. sexual behavior)” (**B'er Shlomo** 2:23, see **Chida Yitro**).
180. "The time a person usually ushers in **Shabbos**, at that very time, he will be taken out of Gehinnom, similarly, he adds to the **Shabbos** at its conclusion, they delay returning him to Gehinnom” (**Shichchath Leket** quoting **Sode Raza**).
181. "According to tradition, even though all the wicked in Gehinnom are given respite on **Shabbos**, there is a distinction between them, viz., as long as pious continue to partake of the third **Shabbos** meal and add to the longevity of the **Shabbos**, those in Gehinnom are still given respite. This applies only to those who are guilty of their own personal sins, but did not oppose the **tzaddikim**. However, those who denigrated the **tzaddikim** and the **chassidim** and ridiculed their practice of continuing the Shabbos meals until late into the night, are returned to their torments immediately, as soon as stars are visible” (**Noam Megadim**, **Parashath Tzav**).
182. "One who desecrates **Shabbos** by selling merchandise and conceals this receipts under the tablecloth, will not succeed. We find in the holy tomes that one will not succeed with money earned on **Shabbos**. In contrast, one who is determined not to desecrate **Shabbos** by doing business will prosper in all his undertakings throughout the entire week. This is to compensate him for the profit he renounced by abstaining from doing business on **Shabbos**” (**Olath Shabbos** quoting **Beth Peretz**).
183. (Exodus 20:19) “ 'Six days shalt thou work and do all thy labor. But on the seventh thou shalt rest.' This is a promise. Lest one say that by resting on **Shabbos**, he loses time from the work he should be doing. Scripture states that, on the contrary, by resting on **Shabbos**, he will prosper in his work and find blessing therein. Therefore, Scripture says, 'And thou shalt do *all* they labor,' i.e. you may rest assured that the work one refrains from doing on **Shabbos** will cause the work of the six weekdays to prosper” (**Panim Yafoth**, **Yitro**).

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## Chapter III

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### SHABBOS GARMENTS

1. “Your **Shabbos** garments shall not be like your weekday garments” (**Shabbos 113**).
2. “Said Rabbi Yochanan: 'Where does the Torah allude to [the obligation of] changing one's garments [in honor of **Shabbos**].' For it says: '**And he shall take off his garments and put on other garments, and he shall take the ashes outside the camp! ...**' The Torah teaches us etiquette, that the clothing in which one cooked a pot [of food] for his master, should not be used to mix a cup of wine for his master.” (**ibid., 114a.**)
3. “A person should have two wraps, one for weekdays and one for Shabbos.” (**Yerushalmi, Peah 8:7**).
4. “Rav Huna said: 'One must change [from weekday clothes to **Shabbos** clothes]; Rabbi Chayai said in the name of Rabbi Yochanan: He must combine [i.e. if he does not have all Shabbos clothing, he should combine, at least, one **Shabbos** garment to his other clothing]. Avin Bar Hisdai said: He must lower them [i.e. if he does not own even one Shabbos garment, he should loosen his belt and let his clothes hang lower, not like on weekdays, when he raises them to make it easier to walk].” (**Bereshis Rabboh II**).
5. "Rabbi Hanina was wont to enwrap himself [in beautiful garments] on the afternoon preceding **Shabbos**; he would say: 'Come, let us welcome the **Shabbos** Queen.' ” (**Shabbos 119b**).
6. "Rabbi Yannai would done his **Shabbos** garments upon the approach of **Shabbos**. He would sing, 'Come, O bride! Come, O bride!'"
7. “The Sages o.b.m. Said: 'A person is required to wear eighteen garments on **Shabbos**.' ” (**Midrash Asereth Hadibroth**).
8. "Balaam said to Balak, 'How will I curse them? Do they not wear special clothing on **Shabbos** and festivals” (**Midrash quoted by A.Z.A. and Taanug Shabbos**).
9. “A person must be extremely cautious that his **Shabbos** and festival clothing are not acquired through theft or cheating. If theft is involved, they are considered garments of traitors. The Rabbis said, therefore: 'the righteous are destined to be resurrected with their clothing,' i.e. the kosher clothing made with honest money. This is the hidden meaning of the Rabbinic dictum, that when the righteous depart from this world, a heavenly voice emanates declaring; 'In peace shall you rest on your beds.' The word, 'in peace' (**בשלום**) is spelled with the identical letters as 'garment' (**מלבוש**) only inverted, since the righteous acquire their clothing with honest money, and the prayers of everyone who wears clothing made with honest money, will surely be accepted by the All-Mighty.' ” (**Kav Hayashar 63:12**).
10. "According to the color of the clothing one wears on **Shabbos** and festivals, so will be his clothing, after his passing on.” (**Yalkut HaR'uveni, Bereishis; Sefer Chassidim II29; Kitzvei Ha'Arizal**).
11. "It is improper and unjust to wear a garment on **Shabbos**, that one wears on weekdays.” (**Orach Chaim 262, Magen Avraham, Shulchan Aruch Hagraz**).



12. "Even trousers, shoes, and the yarmulke one sleeps in, should be designated specially for **Shabbos** if possible." (Chesed L'Avraham, 3 Yisrael Kedoshim, Shabbos 20). Since we live in an affluent society, and spend money for luxuries, there is great danger of accusation in Heaven if we show ourselves stingy when it comes to spending money for holy matters. Therefore, those who are scrupulous in their observance, do most certainly change all clothes on this Holy day.
13. "Where most people wear black clothing on **Shabbos**, one should not wear white in public" (**Responsa Panim Me'iroth 2:152; Birkei Yosef 262:3 cf. Kaf Hachaim**, who writes, since the **Arizal** wrote: "In the hereafter, one will be dressed as he dressed in this world. One should not appear haughty, since he is concerned about the attire of his in the World to Come." **Sefer Yisrael Kedoshim** suggests a very logical compromise between the two views, as follows: "If his intention is indeed to assure himself of wearing white garments in the Hereafter, and he feels that he will not feel and higher and more honored by wearing garments that others do not, he is on safe territory and he should have in mind to do everything for the sake of Heaven.

Otherwise, he is wearing a garment unfit for him, and will not be admitted to the compartment of the Holy One, blessed be He. Consequently, it is better to be clothed in simple garments and to be in the compartment of The Holy One, Blessed Be He than to be clothed in garments of high standing and to be excluded from His compartment" **Kaf Hachaim** writes, If one wears black because he fears that one may not wear white where everyone else wears black, he will not be dressed in this manner in the Hereafter, according to the rule that both one who increases and one who decreases are rewarded the same as long as the intend their practice for the sake of Heaven. According to the later authorities that the reward is equal, in our case too, the righteous will not lose their if he really would like to wear clothing of high standing, but refrains from doing so because it appears as haughtiness. He refers to **Taz, Even Ha-Ezer 25**, who quotes Rambam, that 'one who eats, drinks and takes care of his body in order to be healthy and strong and in order to be able to serve the Almighty, has the same reward as one who fast, and similarly, scholars who sleep adequately in order to have strength and be wide awake to be able to learn Torah and to be able to learn in one hour what the scholar who sleeps little learns in two hours, both are rewarded equally! Raabad too, agrees to this line of reasoning.

14. "Even when one travels alone and lodges in the house of a non-Jew, he must wear **Shabbos** attire, because the garments are not for the honor of the people who see him, but for the honor of **Shabbos** itself." (**Chaye Adam 5:7**). Likewise, city dwellers who go to villages, should wear their best clothing on **Shabbos**. Just as they do in the city, where there are many people" (**Kaf Hachaim 262:29**).
15. "Many wealthy people attend the synagogue on Friday evening dressed in their weekday attire, and in this manner sit at their table on Friday night. Only in the morning do they dress in honor of the **Shabbos**. This custom is most improper, and anyone possessing any fear of G-d, will dress properly on **Shabbos** even to welcome **Shabbos** with the proper attire (**Birkei Yosef 4**). Like wise, when a woman lights the **Shabbos** candles, she should don her **Shabbos** clothes, since only then does she welcome the **Shabbos**, as in ch. 263 (**Kaf Hachaim 262:31**), but G-d forbid that someone should light candles late because of this." (**Halachic Authorities**).

16. "Women are accustomed to bathe and don **Shabbos** attire before lighting the candles. This is, indeed a praiseworthy custom, but in short days, when they stay late in the store and then bathe and dress, they may come to desecrate **Shabbos**, G-d forbid. It is, therefore, proper to admonish them to come home early to bathe and dress. If, they are late, however, it is better to light candles in weekday attire rather than risk violation **Shabbos**. If the husband notices that his wife is late, he should light the candles and disregard her objection. It is a great mitzvoh to sit in the dark all through Shabbos rather than desecrate it!!" (**Chaye Adam, Kitzur Shulchan Aruch 75:6, Mishnah Berurah 162:11**),
17. "If possible, one should have a separate tallis for **Shabbos**." (**Magen Avraham and Mishnah Berurah 262**).
18. "One should keep his **Shabbos** garments on until after Havdolah." (**Magen Avraham 262**).
19. "The Chassidic custom to wear long garments on **Shabbos** is not necessarily Chassidic." (**Divrei Torah, first section 58, by Michath Elazar, o.b.m**).
20. "Short clothing is worn by idlers, whereas long garments are worn by prominent people." (**Maharil**).
21. "Short garments are worn by licentious people, whereas long garments are worn by kings and people of character." (**Eleh Hamitzvoh by Maharm Chaggiz**).
22. "A mourner may not wear **Shabbos** attire during the first thirty days of mourning." (**Yoreh Deah 389**), but the later authorities permit (**Magen Avraham 263** in the name of **Kavvanoth HaArizal, Birkei Yosef Yoreh Deah 400**).
23. "The Neshomoh Yesayeroh (additional soul) does not take leave completely until after the meal at the conclusion of **Shabbos**." (**Pri Etz Chaim 18:24**). It is, therefore, customary to refrain from changing weekday clothing until after the fourth meal, and also in order to the **Shabbos** off, with proper clothing." (**Kaf Hachaim 300.6**).

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## Chapter 4

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### Remembering Shabbos throughout the week

1. "It was said concerning Shammai The Elder, that all his life he at in honor of **Shabbos**; if he found a choice animal, he would say, "Let this be for **Shabbos**." If he found a superior one late, he would let remain the second on [**Shabbos**] and partake of the first on [during the week]." (**Betza 16a**).
2. "One who hallows himself during the six weekdays, can easily attain the light of the sanctity of **Shabbos**" (**Chida in Yosef Lachok, Toledo** for Friday).
3. " '**Remember the Shabbos day.**' That means that you should not count as 'Other' do, bu you should count in the name of **Shabbos** (**Mechilta Yithro**): Gentiles do not count the **Shabbos**, but Jews do, the first day from **Shabbos**, the second day from **Shabbos**, the third day from **Shabbos**, the fourth, the fifth, the eve, as they were commanded. '**Remember the Shabbos day to keep it holy !!**' " (**Pesikta Rabbathi 23**).



4. "**Remember** it before it comes, **observe** it when it comes. How so ? If you chance upon an article, prepare it for **Shabbos**. Shammai the Elder would buy wood on Sunday for **Shabbos**. Said Rabbi Abahu: If you chance upon a good article, even on Sunday, put it away for Shabbos" (**Pesikta Rabbathi** 23).
5. Said Rabbi Tanchuma: "We were eating with Tabbi Abahu on Wednesday, when dates were served. We said, 'Let them be saved for **Shabbos**'" (ibid.).
6. "Mention of **Shabbos** never left the mouth of Shammai the Elder. He would purchase a suitable article and say, 'This is for **Shabbos**,' a new utensil, he would say, 'This is for **Shabbos**,' a new utensil, he would say, 'This is for **Shabbos**'" (**Mechilta** quoted by **Rambam** and **Menoras Hamaor**).
7. "**Remember the Shabbos day to Keep it holy**. You shall remember it on Sunday, that if you chance upon a good portion, prepare it for **Shabbos**" (**Mechilta Yithro**).
8. Said Rabbi Hiyya bar Abba: "I was a guest of a householder in Laodicea, and a golden table was brought before him that had to be carried by sixteen men; sixteen silver chains were fixed to it, plates, goblets, pitchers, and flasks were set thereon, and upon it were all sorts of food dainties, and spices. ... I said to him, 'My son, how did you merit this?' He replied, 'I was a butcher, and every choice animal I would designate for **Shabbos**.'" (**Shabbos** 119A).
9. Said the Holy One, Blessed Be He, to Israel, "My children borrow on My account, [purchase wine] recite the kiddush for the day, and believe in Me. Then I will reimburse you." (**Betzah** 15b).
10. "One should always arise early to shop for **Shabbos**" (**Shabbos** 117b).
11. "One should not eat a meal on the eve of **Shabbos** or festival from the time of Mincha or late, in order to enter **Shabbos** with appetite" (**Pes.** 99b).
12. A certain family in Jerusalem used to eat a regular meal before the commencement of **Shabbos**, and it was destroyed (**Gittin** 38b). Authors comment – it is not permissible to eat a meal prior to **Shabbos**.
13. "If someone tires all week, to behave with sanctity in his thoughts, speech, and deed, it will become easy for him, and he will receive Divine assistance to acquire the additional sanctity of **Shabbos** in all parts of his soul; according to his behavior during the week, so will be his behavior on **Shabbos**" (**Pele Yoetz, Shabbos**).
14. "Some of the Talmudic Sages interpreted the word, 'Remember,' to mean that one must remember it from Sunday on, that if he chanced upon choice portion, he should prepare it for **Shabbos**. They said concerning Shammai the Elder that the mention of **Shabbos** never left his mouth; if he would purchase a choice portion, he would say, 'This is for **Shabbos**,' for by mentioning it constantly, we remember the Creation at all times, and we admit that the world has a Creator, and that He (may he be blessed) commanded us concerning this sign. This is fundamental in our faith." (**Tzedah Laderech** by **Menachem ben Asron**).
15. We find in **Sefer Toledos Yaakov Yosef**, at the beginning of **Parshah Kedoshim**: "It is proper to ever be watchful throughout **Shabbos**, not to divert our thoughts from the sanctity and awe of this Holy Day. This can be derived from the same law applying

to Tefilin, since on **Shabbos** we are exempt from donning Tefilin, since the sanctity of **Shabbos** is greater than the sanctity of Tefilin. Therefore, we may surely not divert our thoughts away from the holy **Shabbos**.”

16. Minchas Shabbos (72:1) comments on the aforementioned quotation from Toledos Yaakov Yosef, as follows: Although he refers to a scholar who is called Shabbos even during the week, as one can discern by studying the material thoroughly, it is nevertheless appropriate for ordinary people as we to ever be watchful for, from experience we learn that if we divert our mind from Shabbos, even for a short time, it is very easy to come to desecration of this Holy Day, G-d forbid, such as idle conversation, which is strictly prohibited on Shabbos, walking with large steps, brushing dust off one's clothing, handling utensils whose work is permissible, because the hands are busy, and even Torah scholars stumble on these interdicts by removing from their minds the awe and reverence of Shabbos. It is, therefore, proper, as far as our means permit to abstain from enlightening our minds from the sanctity of **Shabbos**, even for a short while.

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## Chapter 5

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### Learning the Laws of Shabbos

1. “Among things concerning the Holy **Shabbos**, which is of dominant importance to admonish and warn the public and to guard them from being breached, are the principle types of work and their subspecies, for many of these are forgotten by the public, and nobody extends themselves to become aware of these” (**Shaarei Teshuvah** by **Rabbeinu Yonah**, 3:135).
2. "One who did not learn all the laws of **Shabbos** thoroughly two or three times, cannot possibly avoid desecrating this Holy Day, either by infracting a law of the Torah or of the Rabbis. As a result, therefore, one must learn the laws of **Shabbos** constantly. First from a teacher who will clarify the law, and then he should continually review them until he knows them by heart. One who does this is fortunate for this will protect him from the punishment in store for **Shabbos** desecrators.” (**Ya'aros Debash**, quoted by **Minchas Shabbos** 72:10).
3. "Throughout the entire Torah, there is only one section beginning with the word, “**Vayakhel**,” [and he congregated]. Said the Holy One, blessed be He; 'Gather large congregation and expound before them, on the laws of **Shabbos**.’” (**Midrash Abchir, Yalkut Vayakhel**).
4. "Few people are careful concerning the laws of **Shabbos**, and many are unaware of what is forbidden. It is, therefore, praiseworthy to study the Gemoroh **Shabbos** and learn the law of **Shabbos**, until one is well-versed in them.” (**Maharsha, Shab. 119, Will of Rabbi Sheftil**).
5. "One is strictly obligated to know the law of **Shabbos** thoroughly, for they are like mountains hanging on a hair; they have few Biblical references and many law. Moreover, their punishment is very grave.” (**Yesod Veshoresh Ha'avodah**).
6. **The best advice is to follow the Rabbinic dictum, “Whoever observes Shabbos according to its halachoh, will be forgiven of all his sins.”** i.e. only if one observes it



according to its halachoh. "It is, therefore, incumbent upon everyone to know the laws of **Shabbos** thoroughly. On the afternoon of **Shabbos**, everyone should study the laws pertaining to this Holy Day, for they are many and it is just too easy to stumble upon them, G-d forbid, where such a prohibition is punishable by **Kareth** or stoning, if one is not knowledgeable in these laws. If one sins unintentionally because he erred in his studies, it is regarded as intentional. And therefore can be likened to being premeditated. It is not necessary to mention the many Rabbinic interdicts, especially the interdict of **muktzeh**, which is very common, where rabbinic interdicts are even more stringent than those of the Torah." (**Iggereth HaKodesh, Tanya**, and **Kunter Acharon**).

Authors Note - there are 39 (in number) principal types of work and each type is called an "Av" (Av in Hebrew means father).

7. **Yerushalmi Shabbos** chapter 7: "Rabbi Yochanan and Reish Lakish searched thoroughly until they found that every **av** (principle type of work) has thirty-nine types of work under it. Moreover, under each "**Av Meloche**" [literally meant-father's of work] are "**Toldos Meloche**" [literally-meant children of work] also alluded here as subspecies or derivates from the main type of prohibitory work called "**Av**." Now we can proceed intelligently. Concerning this, the **Torah alluded**, that we must observe **Shabbos** in all its minutest details, i.e. to beware of performing any kind of labor, either an "Av" (principle type) or "Toldos" (a subspecies) as the L-rd commended you orally. The Rabbis meant this when they said, "according to the halachoh," i.e. with all its minutest details" (**Shem Olam** by **Chafetz Chaim** o.b.m., **Shabbos** observance).
8. "In what way can we come to observe **Shabbos** in all its details? The best advice for you is to study the laws of **Shabbos** and constantly to review them, in order to know what is prohibited and what is permissible. Otherwise, even if one does learn all the books encouraging one to observe **Shabbos** positively, that still will be of no avail. If he thinks that a prohibited act is permissible, no amount of admonition will keep him from desecrating **Shabbos**" (Introduction to **Mishna Berurah**).
9. "It is highly called for: [anyone who fears transgressing the word of G-d] to organize groups to study the laws of **Shabbos** in order that no one will stumble in any one of them" (ibid.).
10. "The failure to study and inquire concerning the laws of **Shabbos** is responsible for many people stumbling in many interdicted acts on **Shabbos**, such as handling **muktzeh** [things set aside from **Shabbos** use], trapping, selecting, cleansing, etc., [especially on joyous occasions much inadvertent sins take place, leaders of the congregations are in duty bound to mend the breach. Many such instances prevail]" (**Pele Yoetz**).
11. **Sefer Chasidim** writes: "Just as Holy Rabbis prescribed asking and lecturing regarding the laws of Passover, they should also obligate everyone to study and ask regarding the laws of **Shabbos** and to review them all ... at least once a year. The preachers are obligated to teach the people the laws of G-d, so that it will be pleasant for those who heed them and they will be blessed with a good blessing." (ibid.).
12. "One of the ways to atone for sexual misconduct is through **Shabbos** observance, since **Shabbos** is called "**Bris Olam**" [just as circumcision is called "bris"]. It is, therefore, important to know the laws of **Shabbos**, for they are many and are like mountains suspended on hairs." (**Marpay Lashon**, quoted by **Minchath Shabbath**, 72:8).

13. Brethren and friends! Take heed of the words of the **Gaon**, the author of **Ya'aroth Devash** o.b.m. (see above 2), who writes that “One who did not learn the laws of **Shabbos** thoroughly two or three times, cannot possibly avoid desecrating the **Shabbos**, either by infracting a law of the Torah or a law of the Rabbis.” Because of this, all our troubles come, because, unfortunately, many scholars of great acumen engage in **pilpul**, whereas their knowledge of the laws of **Shabbos** is very flimsy. Beyond a doubt, they come to desecration of **Shabbos**.” (**Minchath Shabbos** 72:10).
14. "Most of **Shabbos** Desecration committed by the public is due to lack of knowledge, since they are not versed in the law of handling **muktzeh**. Therefore, one who fears transgressing the word of the L-rd, must give priority to learning the laws of **Shabbos** over all other subjects, and to constantly review them, for proper **Shabbos** observance is the foundation of our Holy Torah, both for the righteous [who never sinned] and for the repentant sinners.” (**Tifereth HaKodesh**, quoted *ibid.*, 11).
15. "Be extremely careful in observing **Shabbos** according to its halachos, and know them thoroughly for they are like mountains suspended on a hair.” (**Hanhagoth Yesharoth** by R. Mordechai of Tchernobel o.b.m., quoted by **Birkath Chaim** by author of **Misgereth HaShulchan** 3:17).
16. The author of **Chaye Adam**, in his introduction to **Zichru Torath Moshe** (p. 19), writes: “In my opinion, it is a greater mitzvoh for laymen to establish a routine to study this booklet instead of learning **Tikkun Shabbos** or a chapter of **Mishnayoth**. I, personally, saw a man who learned Mishnayos every day. We both happened to be together a non-Jewish inn over **Shabbos**. I saw him sitting next to a spinning wheel and spinning. I scolded him, telling him that it was **Shabbos**. He wondered what kind of work that was. I said to him, 'Haven't you learned the Mishnah that states that spinning is a major type of work on **Shabbos**, no matter how one spins?' He replied, 'When I learn, I don't have in mind what to do or what not to do. I only have in mind to fulfill the mitzvah of learning Torah.' I said, 'The Rabbis rightly stated: 'He who says, I have only Torah, does not even have Torah,' for, if his learning is not for the purpose of observing the laws of the Torah and its mitzvos, of what avail is it?’ He concludes: “In my opinion, those who admonish the people and lecture daily on **Ein Yaakov**, homiletics, or other words of Torah, would be more highly rewarded if, in their lectures, they would teach the people the deeds they should do and thereby fulfill the obligation to learn and to do, rather than lecturing on something which is only learning without any practical application.”
17. In the **Sefer, Or Torah** by the **Maggid of Mezritch**, he explains the verse (Ps.36:4) “**The words of his mouth are iniquity and deceit; he stops acquiring knowledge to do good.** The words of the evil inclination are to stop acquiring knowledge to do good. The evil inclination cannot entice a Jew to discontinue learning completely, for no one would heed him, since he would lose his status in the community. Instead, the inclination entices him to learn everything but **Shulchan Aruch**, lest he know the halachah clearly” (Quoted by **Kehilliath Yom Tov** on **Zichru Torath Moshe**, 1:2).

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## Chapter 6

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### Inauguration of Shabbos



1. "We must ever be watchful not to do any work after the sun is hidden from view: even work pertaining to a mitzvoh, such as lighting **Shabbos** candles for the **Shabbos** meal, one should be careful to finish before sunset, since after this time period it is know as **bein hashemashos**, (between the suns) and is a time of doubt whether it is considered day or night. From the outset, one should not wait until the last minute, but should light them from the time the sun appears in the treetops. One who abstains from work one-half hour, or, at least one-third of an hour before sunset is regarded as praiseworthy, since he complies with the views of all the early authorities (**Mishnah Berurah** 261:23). **Shaarei Tzion** (21) writes that he complies even with the ruling of Rabbi Eliezer of Metz, [who rules that **bein hashemashos** commences the time it takes to walk  $\frac{3}{4}$  of a mile before sunset] even if we hold that a mile is 24 min., and according to many authorities, he has added sufficiently to **Shabbos**."

"He means that  $\frac{3}{4}$  of a mile before sunset, which is, according to **Sefer Yereim**, **bein heshemashos**, if we count 34 min, as a mil, will amount to 18 min. If we add two minutes to the addition of the **Shabbos**, we have  $\frac{1}{3}$  of an hour, or twenty min., which is adequate even according to the most stringent view according to those who hold that any amount is adequate to add to **Shabbos**, and even according to **Derech HaChaim**, who requires a minute and a half."

What he wrote in the beginning that it is proper to abstain from work  $\frac{1}{2}$  hour before sunset, it can be explained as follows: According to **Be'ur Halachah**, the addition to **Shabbos** is somewhat less than  $\frac{3}{4}$  of a mil. If we count a mil 18 min.,  $\frac{3}{4}$  of a mil equals 13-1/2 min. Therefore, if you add 12 min., which is slightly less than 13-1/2, to 18 min., it equals exactly 30 min. He did not take into consideration to figure  $\frac{3}{4}$  of a mil, according to those who rule that a mil is 24 min., because we need not be that strict.

It is simpler, however, to reason that he writes that on should abstain  $\frac{1}{2}$ , because he cites in paragraph 22, that **bein hashemashoth** in addition to the addition to the **Shabbos** should equal  $\frac{1}{2}$  hr.

**Bach** 261, quoted by **Magen Avraham** 9, writes that one should abstain and pious people, who abstained from work 2 hours, before "**Shabbos**." See **Chaye Adam**, ch. 5 that whoever is so strict with himself to receive **Shabbos** 2 hr. before nightfall is indeed fortunate and a regarded holy.

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## Chapter 7

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### The duty to Learn Torah on Shabbos

1. "**Shabbasim** and festivals were given only for eating, drinking, and engaging in Torah." (**Yerushalmi Shabbos** ch. 15).
2. "Scholars who toil all week in learning the Torah, may enjoy themselves when the Shabbos arrives. Workers who work all week, should engage themselves in the Torah on **Shabbos**." (**Pesikta d'Rav Kahanah** 23).
3. Said the Holy One, Blessed be He, to Moses, "From large groups and lecture before them on **Shabbos**, so that their future generation will learn from you to congregate every **Shabbos** and to enter the synagogues to reach Israel words of torah, as to what is

interdicted and what is permissible, so that My Great Name will be praised among My children.” Moses said to Israel, “If you do according to this order, the Holy One, Blessed be He, will consider it as though you had ascribed sovereignty to Him in the World.” (Midrash Abechir, quoted by Yalkut Vayakhel).

4. **Who counted the dust of Jacob** (Num. 23:10). “A man who is dressed in **Shabbos** or festival attire, and comes in and sits in the dust in order to hear the sage and to hear words of Torah.” (Yalkut Balak).
5. “There were two families in Jerusalem; one arrange his meal when the sage sat and lectured ... Both were uprooted.” (Gittin 38b).
6. “A person should always run to hear a word of halachah, even on **Shabbos**.” (Berachoth 6b).
7. “The purpose of the days are the nights and the purpose of the nights are the **Shabbosim**.” (Midrash quoted by Berith Avraham).
8. **Shabbosim** were given only to engage in the Torah. It is known what the early Sages explained concerning the verse, **When I will take an appointed time**, meaning that whoever wastes time and does not engage in Torah on **Shabbosim** and Holiday will also be punished for not learning during the week, and he will have no excuse that he was busy earning his livelihood, since he does not study on **Shabbosim** and festivals when he was not busy.” (Pele Yoetz, **Shabbos**).
9. “Surely craftsmen and merchants who are occupied all week earning their livelihood, must utilize the **Shabbos** to eat and drink a little and to busy themselves all day with learning Torah, for that is his life and the greatest delight to the soul. What advantage is there to the delight of the body if the soul is always sad.? He should, therefore, afford delight to his soul on **Shabbos** and festivals by engaging in Torah and mitzvos.” (Zichrou Torath Moshe, ch. 10).
10. “One must discover new interpretation in the Torah every **Shabbos**, as we find in the Zohar, that, when the additional soul returns to its place, the Holy One, Blessed be He, asks it, “What new interpretation did you discover in the Torah (Shaloh)?”
11. If one discovered new interpretations in the Torah on the **Shabbos**, his father is crowned in the other world. One who is not capable of interpreting the Torah, should learn something he has not learned before.” (Machazik Beracha in the name of Arizal, Orach Chaim 290, Sha'arei Teshuvah ad loc.).
12. “If one discovers a good practice previously unknown, this is counted as discovering a new interpretation.” (Yesod Veshoresh Ha'avodah).
13. Whoever wastes time on the **Shabbos** or festivals, when it is available to him, will be punished for neglecting the Torah on weekdays, and will have no excuse that he was busy earning a livelihood, since the **Shabbos** and festival disprove his excuse, since he has time and yet does not study. Therefore, every moment of the **Shabbos** and festival should be more dear to him than gold and platinum. (Kehillath Yom Tov, ch. 10.).
14. It is stated in Yerushalmi: Rabbi Haggai said: “**Shabbosim** and festivals were given only for eating and drinking. Rabbi Berechiah said: They were given only to engage in studying



the Torah. The Midrash tanchuma explains that there is no dispute between them. The one who says [that the **Shabbos** was given] for study refers to workers who are busy with their work all week, and on **Shabbos** they come and engage in studying the Torah, and the one who says [that the **Shabbos** was given] for enjoyment, refers to scholars who toil in the study of the torah all week long, and on **Shabbos** they enjoy themselves.” (**Yerushalmi Tanchuma**).

15. "Workers and householders who do not engage in Torah all week, must study more on the **Shabbos** than scholars who engage in Torah all week long, and scholars should enjoy themselves more with eating and drinking, since all week they enjoy themselves with their studies.” (**Ramo** 290:2).
16. The Holy One, Blessed be He, said to Israel, “If you gather in the synagogues and study halls every **Shabbos**, and read the Torah and the Prophets, I consider it as though you have proclaimed My sovereignty in My world.” (**Tanchuma**).
17. The Torah complained before the Holy One, Blessed be He, “L-rd of the universe, when the Israelites will enter the Holy Land, this one will run to his vineyard and this one will run to his field. What will become of me?” He replied, “I have a mate you, named **Shabbos**, when they will be free from their work they will be able to busy themselves with you.” (Tur 290).
18. "One should not sleep too much on **Shabbos** because it causes him to be idle from studying Torah, for even scholars who study all week, and who should enjoy themselves more on the **Shabbos**, as is delineated by Ramo, ch. 29B, should not spend the whole day enjoying themselves, but should just spend more time on delights than others.” (**Mishnah Beruruah** 290:3).
19. It appears that the ruling of the Tur is that lecturing on the **Shabbos** should not be devoted to homiletics but to expound on laws ... And so it appears from the chapter **Elu Ne'emarim** ... that Rabbi Chiyya was not appeased because Rabbi Abahu did not follow the practice established by Moshe Rabbenu to expound on the laws. It has recently become widespread to devote all lectures to Aggados, and not to Halachos at all, contrary to the law of our Torah, for the main part of the lecture should be to teach the laws of G-d and his instructions, to teach the laws of **Shabbos**, what is prohibited and what is permissible, according to what is read in the Torah on **Shabbos**, and also to influence the listeners with Aggados that lead them to the fear of the L-rd, to keep them from sinning against Him and to repent of their sins. He should not intend to show his erudition as a sage and that he knows how to expound on a verse or a Rabbinic dictum in various ways.” (**Bach, Sheyarei Keneseth Hagedolah, Magen Avraham**).
20. "The Rabbi must display some words of wisdom in his sermon, the main part of it must be to admonish his audience and the public concerning the stringency of every detail of the sins usually disregarded, and the penalties for these infractions and to inform them of the many laws upon which people stumble.” (see :**Kaf HaChaim** 12, where he refers to **Eliyah Rabbah's** justification of the preachers).
21. "Arizal would constantly exhort his disciple, Rabbi Chaim Vital o.b.m. And would also communicate with him in his dreams to admonish the public, more and more in his sermons and to influence them to repent, and [he impressed upon him] that the redemption depends upon this.” (**Sefer Hechizionoth, Machazik Berachah** 3).

22. "Some of the early authorities write that the scholars are required to learn more on **Shabbos**, as the author of the **Sefer Habatim** writes." (**Machazik Berachah** 3).
23. "Some say that a scholar who studies Torah in depth desecrates the **Shabbos**" (**Siddur Yaabetz**) **Chida** in **Machazik Berachah**, however, some dispute this view and write that "in Yeshiva Pri Chodesh in Jerusalem, they would debate in depth on the Torah in the evening."

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## Chapter 8

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### Observance of Shabbos According to Law

#### A Collection of Law that very often become discussed both in theory and Practice

1. "**Shabbos** to the L-rd. Rest like the L-rd; just as the Holy One, Blessed be He, rested from speech, so shall you rest from speech." (**Yerushalmi Shabbos**, ch. 15).
2. "Rest also from thought of work." (**Mechilta Yithro**). The holy rabbis permitted with great difficulty, to allow greeting on **Shabbos** to say Shalom Alechim." (**Yerushalmi**, *ibid.*, **Midrash Rabbah**, Lev. 34).
3. When Rabbi Shimon ben Yochai would see his mother talking very much on **Shabbos**, he would say to her, "Mother, today is **Shabbos**."
4. "A person may not supplicate |(pray for his needs) on **Shabbos**." (*ibid.*).
5. "The manner in which you walk on **Shabbos** should not be the same as you walk on weekday." (**Shan.** 1136).
6. "Your topics of conversation on **Shabbos** should not be like the ones on weekdays. Speech [about mundane matters] is prohibited, whereas reflection is permissible." (*ibid.*).
7. Mathematical accounts related to mitzvohs may be calculated on the **Shabbos**." (*ibid.* 150a).
8. "We may supervise matters of communal urgencies and those of life and death on **Shabbos**." (*ibid.*).
9. "We may make arrangements for the betrothal of young girls on **Shabbos**." (*ibid.*).
10. "We may make arrangements on the **Shabbos** for a young boy to teach him Torah or a trade." (*ibid.*).
11. "Let no man say, 'Let us sleep in order to do our work in the evening following the **Shabbos**,' for it is prohibited to say, 'Tomorrow I will do thus and thus,' even if he wishes to write a Sefer Torah, since he demonstrates that he wishes to sleep on the **Shabbos** for the benefit of the weekday. Rather, he should say, 'Let us rest because today is **Shabbos**.'"  
" (**Sefer Chasidim** 266).
12. "The Sambation River casts huge rocks and sand during the week, but on the **Shabbos**, the spring rests and no rocks come out of the river." (**Sefer Hatagin**).



13. "There is a certain mountain from which silver is mined. On **Shabbos**, however, no silver is found." (ibid.).
14. "Whoever does not eat hot food on the **Shabbos** requires investigation whether he is an apostate, and if he dies, non-Jews should engage in his burial." (**Razah**).
15. "Sleeping on **Shabbos** is a delight." (Midrash quoted in **Yalkut Reuveni Va'ethchannan**, and **Zer Zahav** in the name of the **Arizal**).
16. "We may publicize the flatterers even on **Shabbos**." (Tractate **Kallah Rabbathi** ch. 3; compendium of responsa at the end of **Kol Bo; Halachoth Gedoloth**, laws of **Shabbos**, ch.23).\
17. "Thirty-nine types of labor were told to Moses on Mt. Sinai." (**Shab.** 70, 74, 97; **Mechilta Vayakhel**).
18. "One should not converse about matters that may bring him to sadness. Concerning this, it is said: **Remember the Shabbos day to keep it holy**. How, is a person likely to forget the **Shabbos**? Why, the entire seventh day is **Shabbos**. It means, rather, to remember the **Shabbos** day to refrain from things that cause you to forget the remembrance of the **Shabbos**; e.g. if a saddening incident occurred, do not ask about it, for, if you mention it, you will become sadder." (Sefer **Chasidim**, Parma Ms. 1).
19. "A person should search through his clothing (inside pockets) on the eve of the **Shabbos** shortly before dark, to determine that nothing is in them lest he carry it outside." (**Shab.** 12b).
20. "Thank G-d, the overwhelming majority of the Jewish people are holy, observe **Shabbos** and delight in it. It is, however, painful to witness two saddening practices, for some are not careful to abstain from mundane conversation on **Shabbos**, although the Scripture states: (Isa. 58:13) ... **and [from] speaking a word**." The next verse reads: **Then you will delight upon the L-rd**." The public, however, does not understand nor believe that mundane conversation on **Shabbos** is regarded as a desecration of this holy day ... **Shabbos**. Now, to say, "I will do such and such a thing tomorrow," if it is something we may not do on **Shabbos**, this is strictly interdicted according to all authorities. Even necessary speech should be curtailed as much as possible. With difficulty, they permitted greeting one another on **Shabbos**. The holy Zohar is very strict regarding speech." (**Pele Yo'etz, Shabbos**). I have seen a lamentable practice among villagers who live some distance, one from another. When they come to the synagogue on **Shabbos** to pray and to honor the King of the world, the Holy One, Blessed be He, they occupy themselves with mundane matters and tell their friends how one bought horses for a reasonable price, and how another bought a cow or some other animal, etc. All their conversations are about weekday business transactions. The verse in the halachah is; **and speaking a word**, means, that you speech on **Shabbos** should not be like your speech on weekdays. Since, they do not see each other during the week, but only on **Shabbos**, they discuss all their business in the synagogue on this holy day ... It would be better for them to stay home and sleep in bed, so that they would not engage in mundane talk on **Shabbos**." (**Kav Hayashar** 75:3).
21. "The kabbalists write that not only must one be very careful to avoid desecrating **Shabbos**, but he must also beware of committing any minute sin on **Shabbos**. We learn that the

ignorant populace, whose sins on weekdays do not tarnish [the ethereal worlds] except the lowest world known as **Asiyah**, on **Shabbos**, when all worlds are included in one another, they tarnish even the highest world known as **Atziluts**.” (**Pele Yo'etz, Shabbos**).

22. "The interdict of engaging in weekday conversation is known. The Tosafists (expatriators) write that even permissible talk must be curtailed on **Shabbos**. This ruling is recorded in the **Shulchan Aruch**. The holy books are very strict in this matter. Everyone is required to exercise caution, for this is not merely a pious practice, but a strict obligation, which one must uphold, in order to be regarded as a **Shabbos** upholder. On the other hand, one who is conscientious in this matter, will merit the day that is completely **Shabbos**.” (**No'am Megadim** on the verse, **Becharish uvakatzir; Minchath Shabbos 72:17**).
23. "The **Megalleh Amukkos** magnifies greatly the sin of telling lies on the **Shabbos**.” (**Minchath Shabbos** loc. cit.).
24. "Mundane conversation is a very grave sin on **Shabbos**. In Heaven, they ask about him and declare, 'Who is this, who caused a separation in the Unity?' If this is true of mere speech, how much more so is it so with grave deeds, that contaminate both the lower and the upper worlds!" (**Tola'ath Yaakov, Minchath Shabbos 21**).
25. The Rabbis o.b.m. Said: "One's speech on **Shabbos** should not be like his speech on weekdays. This does not mean only that one should not engage in mundane conversation, for, were that the case, they would have said on **Shabbos** one must not engage in mundane conversation. The intention was rather that one must hallow his mouth with additional sanctity both in study and in prayer, more than on weekdays; e.g. the first three blessing of the **Shmoneh Esreh**, which are the same on **Shabbosim** and weekdays must be recited with more sanctity on **Shabbos** than on weekdays, and everything depends upon the sanctity of one's thoughts.” (**Panim Yafoth** by the author of **Hafla'ah, Minchath Shabbath 21**).
26. Do not heed your evil temptation that wishes to destroy your soul by telling you that, since it is a mitzvah to delight in **Shabbos**, you should take walks since you enjoy them. This resembles the mitzvah of enjoying festivals, when the evil inclination entices one to rejoice with hilarity and walks, whereas, in fact, G-d's intention was never that one should rejoice in such a manner or delight in such a fashion, for his intention was to make us worth to rejoice on festivals by eating and drinking and being joyful at heart by relating His wondrous deeds and singing His praises. So is the mitzvah of delight in **Shabbos**, to give the body delight by eating and drinking, then sleeping a little, but stroll and to engage in idle chatter is not to delight in a mitzvah, but hilarity.” (**Zichru Torath Moshe, ch.10**).
27. "We may not read newspapers on **Shabbos**.” (**Sh'elath Ya'betz, Sha'arei Teshuvah 317, Tifereth Yisrael in Kalkalath Hashabbath, Yesod Yosef**).
28. "Necessary speech is permissible even in secular languages, but necessary speech is prohibited even in the holy tongue (**Zichru Torath Moshe, ch. 48**). Arizal, however, took care not to speak any language on **Shabbos**, other than the holy tongue (Hebrew), When he would address the people, however, he would sometimes interpret his statements in their mother tongue so that they would understand. He was, also, ever watchful not to speak of any mundane matters, even in the holy tongue.” (**Nagid Umetzavveh, quoted by Ba'er Heitve 307:1**).



29. Ramban in **Emor** states: "If one does not rest on **Shabbos**, but behaves like on weekdays, he transgresses the positive commandment of '**Shabboson**,' a rest day." (quoted in **Responsa Chatham Sofer** 6:97).
30. "It is prohibited to travel by railroad on **Shabbos** even if it is driven by gentiles, who would drive it without him anyway, even if he entered and took his place before **Shabbos**." (Responsa Chasam Sofer 6:97; **Responsa Mahari Ossad**; **Orach Chaim** 58; **Sho'el umeshiv** 5:13; **Tifereth Yisrael**; **Kalkalath Hashabbath** 9).
31. "We may not hear business matters on the radio, for only thoughts that come by themselves are permissible, but not those that come from listening to a voice." (**Shulchan Melachim** 6:72).
32. "We may permit children to play various kinds of games if only it is for fun and not to win anything. Adults, however, may not play, since **Shabbos** was given for delight only and for learning Torah." (**Mor Uketzi'ah** 338; similar statement in **Yam Shel Shlomo**, **Beitzah** 1:34).
33. "We may not measure anything on **Shabbos** if we intend for some necessity, unless it be for a mitzvoh." (**Orach Chaim** 306:7). "If non-kosher food fell into kosher food, we may measure it to ascertain whether or not there are sixty times as much kosher food as non-kosher food." (**Ikrei Hadat** 14:21). "Some rule stringently and permit estimating but not measuring." (Pri **Megadim** 323:14; Responsa **Beth Yehudah** 29). "Others rule leniently that even in order to practice making legal decisions, one may measure." (**Mishnah Berurah** 306:35, quoting **Peri Megadim** loc. cit.).
34. "We may not open a door or a window opposite a lit candle if it be near them, lest they blow out, but we may close a door or a window." (**Orach Chaim** 277:2),
35. "We may visit the sick on **Shabbos**, but we may not utter the same formula as on weekdays. Instead, we say, 'Today is **Shabbos** when we may not supplicate, and may the cure be quick in coming, rest peacefully since his mercies are bountiful' (ibid. 287). Nowadays, however, it is customary to say only up to 'in coming,' and no more." (**Sheyarei Keneseth Hagedolah** 2).
36. "On **Shabbos**, one should not mention his deceased beloved ones or those who are in dire straits, lest he be saddened thereby" (**Sefer Chasidim** 110), "and we may surely not tell a person that one of his relatives or friends is in trouble, or that he is ill or that he died, lest he be saddened [by the news.]. This is definite." (**Kaf HaChaim** 288:5).
37. The sages of ethics write that "the main mitzvoh of visiting the sick is to go to the poor to see whether they are in need of anything, and whoever finds it possible [to visit them during the week] acts improper by visiting on **Shabbos**. If he is a pious Jew, he should go to visit the poor sick during the week to determine their condition and poverty and to have mercy on them according to what he can afford. This is the mitzvoh of **bikkur cholim** par excellence ... How admirable the custom of the Holy City of Jerusalem is! When they visit to pay honor to a bridegroom or the father of a recently circumcised child, they enter, stay a moment, and leave." (**Machazik Berachah** 287:5, quoted in brief by **Sha'arei Teshuvah**). The latter continues: "I feel that when one is busy all week long with mitzvohs or for his own personal matters, and on **Shabbos**, when he does have time, he goes to visit his sick friend, because he knows that he derives satisfaction therefrom,

he is fulfilling a mitzvoh, and therefore should he not hesitate to visit on **Shabbosim** and festivals. One who is soft-hearted and is troubled by the patient's pains, should not go to visit on **Shabbos**, since this holy day is given for delight only and not for sorrow.” (**Sha'arei Teshuvah**, loc. Cit.).

38. "One who is accustomed to sleep in the afternoon should not discontinue this practice, since it affords delight to him.” (**Tur** and **Ramo** 290:1).
39. "One should not say, 'Let us go and sleep in order to do our work in the evening following **Shabbos**,' for thereby does he demonstrate that he rests and sleeps for the benefit of the weekday.” (**Sefer Chasidim** 266, **Ba'er Heitev** 204:1).
40. "We may not run on **Shabbos**, except for a mitzvoh matter. (301:1).
41. "We may not walk more than a cubit (22 inches) with one step if it is possible to walk with smaller steps (ibid, **Ramo**. The same applies to skipping.” (**Rambam** 24:4).
42. "One may not inspect his property to see what it needs on the morrow, or to go to the gate of the province in order to rush out at night to go to the bathhouse.” (306:1).
43. "One may not walk through his fields and gardens to see what they need and how their fruit is progressing. Likewise, he may not inspect his property, since this constitutes engaging in his needs on **Shabbos**; even if it is not obvious, it is prohibited.” (**Chaye Adam** 60:1).
44. "We may neither give nor receive compensation for Shabbos unless it is included [with pay for other days] (see **Orach Chaim** 243, 246,306), but to render it as a gift rather than compensation it is permissible.” (**Orach Chaim** 306:4).
45. "Some rule leniently if it involves a matter of mitzvoh (306:5), but [one who accepts it] will, nevertheless, not profit by it.” (**Magen Avraham** 8, cf. 585:5).
46. "We may not give anything to anyone as a gift on a festival or on **Shabbos**, except for a mitzvoh or for **Shabbos** (**Magen Avraham** 15, **Eliyah Rabba** 19, **Tosefoth Shabbos** 20). The custom of giving present to the bridegroom who addresses the gathering may be justified, since it is considered a necessity of a mitzvoh, viz. To upraise the honor of the Torah and to cause cheer to the bride and groom, for sometimes they are poor.” (**Eliyah Rabba** 19).
47. "If one was given a present, he should have in mind that he desires not to acquire ownership until after **Shabbos**. Then it is permissible according to all authorities.” (**Responsa Maharya**, **Orach Chaim** 83).
48. **Neither ordering a non-Jew [to perform labor] nor any other shevos** (Rabbinical interdict) is permissible for the benefit of the public, except inspecting and occupying oneself with these matters without work. These things are prohibited for the benefit of private people because of “speaking a word.” for mitzvoh matters or for public needs this is permissible. This can be proven from the **Gemara**.” (**Maggid Mishnah** ch. 24).
49. "We should adopt the stringent ruling not to read newspapers containing business matter.” (**Sh'elath Ya'betz** 162; **Birkei Yosef** 306:11; **Sha'arei Teshuvah** ad loc.; **Nezer Yisrael**



quoting **Shulchan Atzei Shittim; Kalkalath Shabbos; Yesod Yosef**, all of whom rule against it, also **Mishnah Berurah** 307:63).

50. "A custom prevails to pledge donations in front of an open Sefer Torah at wedding celebrations, where the father of the son and his relatives and friends do not pay. If I had the power, I would abolish this custom, since it takes much longer to come home from the synagogue, it is a needless burden on the congregation. Moreover, it is sinful to pledge in the synagogue before the Sefer Torah and not to pay." (**Massa Chaim**, section dealing with customs 60:167).
51. "It is permissible to measure for mitzvoh matters or to do so merely to occupy oneself." (306:7; **Graz** 19).
52. "We may utter incantations to exorcise an evil eye on **Shabbos**." (**Kol Bo**, quoting **Ram; Yafeh Lalev** 2; **Responsa Lev Chaim** 3:88; **Orechoth Chaim** 11).
53. "Although thinking about one's affairs is permissible, it is, nevertheless, a mitzvoh not to think of them at all, but to delight in the **Shabbos**, and for him to consider as though all his work were finished." (306:8). "Thinking about one's business because he reads it in writing, is prohibited." **She'elath Ya'betz** 162; **Birkei Yosef** 13; **Sha'arei Teshuvah** 306).
54. "Similarly, thoughts that lead to anxiety or worry are prohibited." (**Rabbenu Yonah** in **Iggereth Hateshyvah; Beth Yosef** and **Taz** 306).
55. "If the thoughts afford one delight, e.g. thinking about the expenses of marrying off his son or daughter, even Rabbenu Yonah concurs, because it affords him joy if he can afford it, since G-d blessed his possession, in addition to the fact that they are mitzvoh matters." (**Yafeh Lalev** 4; **Kaf HaChaim** 72).
56. "Arizal took great care not to speak any secular language on the **Shabbos**, except when he would address the congregation and found it necessary to explain something in vernacular so that his listeners would understand it. Also, he was very careful not to engage in any idle conversation or mundane speech even in the holy tongue. He behaved in this manner on every festival, just like on **Shabbos**." (**Pri Etz Chaim** 370:18).
57. One may not say, "I will do such and such a thing tomorrow," or, "I will buy certain merchandise tomorrow," and even [ordinary] mundane conversation must be curtailed (360:1). Mitzvoh matters, however, are permissible. (**Eliyah Rabba** 360:1; **Birkei Yosef** 1; **Sha'arei Teshuvah** 1).
58. "One may not read a book on **Shabbos** solely to recognize the place that requires correction, which he intends to do on the morrow, but if he intends to read, and he finds an error, he will correct it on the morrow, it is permissible." (**Responsa Radbaz** 690; **Birkei Yosef** 2; **Sha'arei Teshuvah** ad loc.).
59. "On **Shabbos**; one may not tell of his friends who died or who are distressed." (**Sefer Chasidim** 110; **Magen Avraham, Eliyah Rabba** 1).
60. "People who enjoy telling reports and news may tell them on the **Shabbos** just like on weekdays (**Ramo** par. 1). In any case, this is not the proper procedure for the pious, and whoever is watchful not to speak mundane talk is regarded as holy. Pious people are

scrupulous in this matter, not to say anything, even the direst necessities, except in the holy tongue. I have a tradition that a person who visits his friend on **Shabbos** morning, should not greet him as he does on weekdays, with, "Good morning," but should say, "**Gut Shabbos**," to fulfill the commandment, "Remember the Shabbos day to keep it holy." (**Shaloh, Eliyah Rabba** 3; **Daath Chochmah** 11; cf. **Machazik Beracha** by **Chida** that the pious of the **Shaloh** and the author of **Daath Chochmah** did not accept the lenient ruling of **Ramo**, and ruled that, according to **Rabbenu Tam**, it is prohibited. Indeed, the **Zohar** deems it desecration of the **Shabbos**. Surely, one should avoid it lest he be drawn into prohibited conversation, and the pious should erect a fence lest one be deemed a desecrator of the **Shabbos**, G-d forbid).

61. "If someone wishes to hire his friend, he may say to him, 'Does it appear to you that you will be able to stay with me in the evening?' eventhough he knows that he needs him in the evening to hire him. However, he may not say, 'Be ready to be with me in the evening.'" (307:7).
62. "Concerning ordering a non-Jew to perform labor, **Orach Chaim** 307 and the commentaries." (**Sedey Chemed**, rule first positive commandment).
63. "One may say to his friend, 'Watch my produce that is in my **Shabbos** boundary.' " (307:10).
64. "We may rule leniently and permit one to order a non-Jew to perform Rabbinically interdicted labor on Shabbos for mitzvoh matters. This applies only to a mitzvoh that is to be performed on **Shabbos**, not on the morrow." (**Responsa Noda Beehuda** vol. 2, **Orach Chaim** 44). Others rule leniently (**Ruach Chaim** 5, quoting **Geza Yishai**, quoted by **Kaf HaChaim** 307:44).
65. "We may not calculate accounts even if they are no longer relevant, e.g. I spent so much on a certain matter, but this is only if the payment for the workers is still in his possession, but if he has already paid them, it is permissible (307:6). Thinking about it is permissible in all cases." (Excerpts of **Pri Chadash**, **Kaf HaChaim** 57).
66. "If one wishes to borrow something from his friend on **Shabbos**, he should not use the expression, "**halveni**," which implies that he wishes to borrow it for a long time, and there is fear that he may write it. He should rather say, "**hashileni**." In the vernacular, however, since there is no difference between **halveni** and **hashileni**, he should say, 'Give me (307:11).' He may conclude, 'And I will give it back to you,' since the main reason for prohibiting it is that since this expression implies borrowing for a long time, they feared he would write." (**Taz** 9; **Eliyah Rabba** 27; **HaGras** 18). It is questionable whether he may say, "Give it to me for a long time." (**Be'ur Halachah**, quoting **Pri Megadim**).
67. "Just as we may not borrow on **Shabbos**, we may not pay on **Shabbos** (**Ramo** loc. Cit.) i.e. we may not use the expression of borrowing and paying, but of borrowing and returning." (**Tos. Baba Metziah** 75; **Levush ei Serad and Eliyah Rabba**). "This applies only to foodstuffs needed for **Shabbos**. Otherwise, all expressions are prohibited." (**Magen Avraham** 15, **Eliyah Rabba** 28; **Tosefot Shabbos** 29; **Kaf HaChaim** 86).
68. "It is prohibited to look at notes or account even without reading them aloud (307:12, 13). This is included under the heading of 'finding your wants (**Levush**).' Some explain that it is prohibited lest one erase (**Rambam** ch. 23). Although thinking about business is

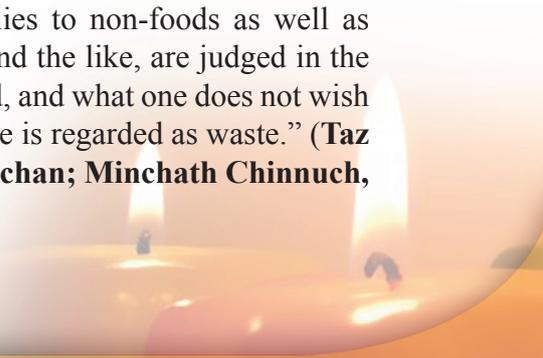


permissible on **Shabbos**, in this case, it is prohibited. Since he is studying his notes, it is impossible that he refrain from calculating the amount of the notes, which is prohibited.” (Glosses on **Levush, Levushi Serard**).

69. "Likewise, we may not look into a letter dealing with business.” (**Pri Megadim, Eshel Avraham 19**).
70. "If someone receives a letter and does not know its contents, he may look at it (307:14), perhaps something urgent is written there (**Magen Avraham 19**), but after he read it, or if he knows its contents, he may not read it because it is deemed 'ordinary documents' (ibid.). In any case, he may handle it if he does not object to its being used as a stopper in a bottle. This objection depends upon whether he objects because he fears it will become soiled. If he objects to its being used to stop up a bottle because secret matters are written there, he may handle it, because it is possible to stop up a bottle with and to put the bottle with the letter in its opening, in a scheduled place.” (**Magen Avraham, Machatzith Hashekel 20**). “If the letter contains halachic decisions and laws or explanations on the Torah, it may be read in any case.” (**Darcho Moshe 7; Olath Shabbath 16**). “Likewise, if it is written in Hebrew, it may be read in any case.” (**Mishna Berurah 63**).
71. "If the letter was brought from outside the **Shabbos** limits, we may touch and handle it.” (**Magen Avraham 20; Gra, Mishnah Berurah** and other late halachic authorities.). “As far as reading it is concerned, there is some confusion. It is therefore, proper for the recipient of the letter to be stringent in this matter, unless there is dire necessity in which case he may rely on those who rule leniently.” (**Be'ur Halachah s.v. Tov Lizaher**).
72. "If non-Jews bring a letter on the **Shabbos**, we may not take it from his hand, but we may tell him to put it down on the floor or on a table, for we fear that before he gets a chance to stand still or to rest, the Jew might take it out of his hand. In this case, the would be finishing the act of carrying from one domain to another, since the non-Jew picked it up and the Jew is placing it.” (**Mishnah Berurah 56**).
73. "If non-Jew brought a sealed letter, the Jew may to him, 'I can't read it as long as it is not opened.' The non-Jew will understand and open it. He may not tell explicitly to open the letter unless there is dire necessity.” (**Mishnah Berurah, ibid.**). “Others rule more leniently, requiring that, from the start, he may intimate to the non-Jew to open it. If he does not understand, however, he may tell him explicitly.” (**Kaf HaChaim 104**).
74. "Anything we may not order a non-Jew to do on **Shabbos**, we may not intimate to him to do, but we may make known to him to do work after **Shabbos**.” (Ramo 22). “Likewise, we may not tell something to a non-Jew so that he will understand to perform labor. Consequently, we may not tell a non-Jew to wipe his nose so that he should understand to remove the charcoal at the opening of the lamp.” (**Mishnah Berurah, quoting Magen Avraham, Eliyah Rabba, Maamar Mordechai, and Chaye Adam**).
75. "We may, however, hint to him with an expression that does not denote an order, such as saying, 'The candle is not burning well,' or 'I can't read by the light of this candle because it has a lot of charcoal,' so that the non-Jew will hear him and rectify the malady. Although we may not derive benefit from work done for a Jew on **Shabbos** even if it is done without infracting any law, in this case it is permissible, since it is possible in case of emergency, to read by this light.” (**Mishnah Berurah 76, quoting Pri Megadim**).

76. "If a wall or curtain has pictures of various animals or representation of various events, such as the battle between David and Goliath, under which there is a caption reading, 'This is a picture of such and such an event,' or, 'the portrait of so and so,' we may not read this on **Shabbos**, as a precautionary measure lest we read 'secular documents' (307:15), 'even Isaac and his binding may not be read' (**Olath Shabbos** 18, **Eliyah Rabba**, *ibid.*). 'On weekdays, however, it is permissible, since it is a small amount.'" (**Magen Avraham** 201; **Eliyah Rabba** 38; **Tos. Shab.** 38). A casual glance at statutes is permissible (**Magen Avraham** 23, **Tos. Shab.** 40). "The same interdict applies to one who goes to theaters or circuses, and other type of shows. Even on Purim, they permitted only plays that are performed as a reminder of Ahasuerus." (**Magen Avraham** 22, **Eliyah Rabba** 38, **Tos. Shab.** 39; **Eshel Avraham** 22; Mishnah Berurah 109; **Kaf HaChaim** 115. **Mishnah Berurah** complains at length of the widespread practice of going to theaters.).
77. "Poems and parables of mundane nature and love stories, such as Sefer Emanuel, or books of wars, may not be read on **Shabbos**. In fact, they may not be read even on weekdays because this constitutes 'a seat of the scornful.' Also, he transgresses the negative commandment of 'Do not turn to the idols,' which the Rabbis interpret to mean, 'Do not turn to that conceived in your own minds.' Love stories are prohibited because of arousing the evil inclination. Those who composed them, those who copy them, and surely, those who printed them, cause the public to sin.'" (**Shulchan Aruch Orach Chaim** 306:16).
78. "We must, therefore, ever be watchful not to engage in or attend lays or concerts (**Responsa P'er Yesha** dwells at length to present many reason to prohibit these; He writes that one who studies the **Shulchan Aruch** (307:15, 16) and the later commentaries, will see that one who attends these performances transgresses many commandments, viz. (1) do not turn ... (2) seat of the scornful, (3) idleness from learning Torah (4) interdict against laughing, because of the destruction of the temple, and it is written: Israel, do not rejoice as the nations rejoice (5) listening to music, etc. Included in this are those who spend time listening to tapes upon which this frivolity has been recorded, and they are worse than the former. He concludes that those who cause the public to stumble, should always imagine before their eyes the Rabbinic saying that whoever causes the public to sin, is not given the opportunity to repent. And what **Be'ur Halachah** writes, that if the Rabbis o.b.m. Warned the scornful that their food would be lessened and that they would be stricken with pains, and fall into Gehinnom, surely one who brings countless hundreds into this category)."
79. "Booksellers who supply the public with books of such nature, that are prohibited to be read, are also included in the category of those who cause the public sin." (**Mishnah Berurah** 1; cf. **Responsa Machaneh Chaim** 1).
80. "All books which may not be read, may not be handled on **Shabbos**." (**Taz, Mishnah Berurah** 2).
81. "The books of **Josipon, Yuchasin**, History of R.Y. Cohen, even though they are accounts of wars, may be read, since we learn morals and fear of heaven from them, even if they are written in other languages (**Mishnah Berurah** 58). All popular fiction stories, or even non-fiction, that do not teach morals or fear of Heaven, may not be read." (**Responsa P'er Yesha**, *ibid.*).



82. "The ruling against reading mundane matters and stories of wars applies only if they are written in other languages, but if they are written in Hebrew, we may read them" (**Ramo 16**), since the language itself has sanctity, and we can learn Torah from it. Accordingly, even social letters written in Hebrew may be read since we learn the language from them, moreover, many Biblical verses are written." (**Magen Avraham 4**). Many authorities, however, prohibit it even in Hebrew (**Agudah, Taz, Bach, Shaloh, Maadanei Yom Tov, Beer Sheba, Mor Uketziah, Gra**, and apparently **Mishnah Berurah's** conclusion for practice (4). Accordingly, Hebrew letters may not be read (**Mishnah Berurah, ibid.**)
83. "One may learn on **Shabbos** even subjects with which he is unfamiliar, and we do not consider this a hardship." (**Darchei Moshe 9**).
84. "We are not allowed to open a door or a window opposite a burning candle that is nearby, lest it blow out by doing so (277:1), even if the wind is not blowing at present (**Magen Avraham 514:9**). To close the door or window opposite the candle is permissible (**Ramo 277:1**). If the wind is not blowing, and there is an emergency, we may rule leniently to allow the door to be opened little by little, so that the door itself does not create a wind." (**Mishnah Berurah 3**).
85. "We may put pieces of lemon into hot tea in a second vessel, i.e. the vessel into which the waste is poured from the kettle which is on the fire, for it is considered like spices." (**Chazon Ish 52-19**)
86. "Water or a fruit or the like, that was not cooked, may not be placed near a stove if there is a possibility that it will become so hot as to burn the hand, since we are afraid we may forget [and leave it there until it becomes cooked] (318:14). In case of dire necessity, it is permissible." (**Chaye Adam 20:13; Responsa Tzemach Tzedek 37**).
87. "Some prohibit pouring from a first vessel (i.e. from the pot on the fire) into a thermos bottle (**Responsa Levushi Mordechai 3:55**). Many authorities permit it, however." (**Responsa Keren LeDavid 77; Zekan Aharon 2:14; Darchei Chaim VeShalom 601** in name of **Munkaczer Rebbe**, author of **Minchas Elazar**).
88. "We may break ice to obtain the water that lies underneath it (320:10). Some prohibit it in a river or a well, since this may be regarded as building and demolishing (**Magen Avraham ibid.**), but many later authorities dispute it (**Eliyah Rabba, Tos. Shab., Ma'amer Mordechai**). If it is needed for **Shabbos**, we may be lenient (**Mishnah Berurah 36**). Some prohibit handling the pieces just as we may not handle the pieces of a broken barrel even though we may break the barrel." (**Responsa Chasam Sofer, Orach Chaim 89**). Some maintain that only if the ice was not prepared before **Shabbos**, such as ice in a river or a well, is handling prohibited. If it was prepared before **Shabbos**, however, it may be handled (**Daas Torah 320:10**).
89. "The prohibition of selecting or sorting on **Shabbos** applies to non-foods as well as foods. Therefore, such items as utensils, garments, books and the like, are judged in the following manner. What one wishes to use is regarded as food, and what one does not wish to use is regarded as waste." (**Taz 319:12, Kitzur Shulchan Aruch 80:16, Misgereth HaShulchan; Minchath Chinnuch, borer**).
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90. "To peel apples or other fruits is permissible only if they are needed immediately." (**Ramo** 321, end of chapter).
91. "We may not cut up onion or other vegetables except for immediate use and even then, not into very fine pieces." (312:12).
92. "Anything that salt affects, either to soften or lessen its sharpness, may not be salted, because this is equivalent to tanning. Therefore, we may not salt raw cucumbers, radishes or onions, even for the requirement for that meal. We may, however, dip each piece in salt and eat it. Eggs, cooked meat, etc., upon which salt has no effect other than to season them, may be salted if it is needed for that meal, but to salt enough to leave over for another meal, is prohibited." (321:3, 5; **Kitzur Shulchan Aruch** 80:22).
93. "We may not salt a large quantity of cooked beans at once because salt affects and softens them. It is prohibited even to eat them immediately. (**Kitzur Shulchan Aruch** 90:23). However, if we add oil and vinegar immediately, they neutralize the power of the salt." (ibid.).
94. "We may not wash dishes on **Shabbos**, except those needed for **Shabbos**." (see 323:6 for details).
95. "We should ever be watchful not to eat in a garden, because it is very difficult to avoid spilling liquids on the ground." (336:3, 16).
96. "We may not wipe with a sponge that has no handle." (320:17).
97. "Some rule that we may not spit in a place where the wind will scatter the saliva." (**Ramo** end of 319). Others are lenient, however. (**Bikei Yosef** 319:8; **Chiddushei R. Akiva Eiger** 319; **Responsa R. Akiva Eiger** 20; see **Be'ur Halachah**).
98. "A girl may neither braid her hair nor open her braids on **Shabbos**. She may, however, fix her hair with her hands." (303:26, 27).
99. "We may not comb the hair with a comb, since some hair will inevitably be torn out." (ibid. see details).
100. "We may wipe soiled garments with a rag, but we may not spill water on it, since this is considered cleansing." (320:9).
101. "A barrel or any other vessel containing water or other liquid, may not be covered with a cloth if the latter is not designated solely for that purpose. We fear one may come to wring it out." (320:15).
102. "If someone's clothing became wet from rain or perspiration; he may not spread it out to dry after he takes it off. A garment [soaked with water] whose water one wishes to keep, any not be handled after being removed, since we fear one will come to wring it out." (301:45).
103. "On **Shabbos**; we may not go to a place where we may slip and fall into the water. Perhaps, the clothing will be soaked in the water and we will come to wring it out." (301:3; **Shulchan Aruch HaGraz** ibid; **Kitzur Shulchan Aruch** 90:34).
104. "A woman may not apply makeup on **Shabbos**." (303:5).



105. "If someone's hands are colored from fruit that he ate, he must take care not to touch his clothing nor to wipe [his hands] with a cloth, likewise the blood from his nose or a wound (328:48). If necessary, we may be lenient since it soils the cloth." (see **Mishnah Berurah** 146, **Nimmukei Orach Chaim** *ibid.*, **Machatzith HaShekel** *ibid.*).
106. "One who colors foods or liquids, if he desires the color, this is prohibited." (**Pri Megadim**, **Eshel Avraham** 25).
107. "If a child urinates on a garment, we may not spill water on it (302:9, 10), but in case of emergency, we may rule leniently to permit washing the hands over it" (see **Eliyah Rabba**, that **S'mak**, **S'mag**, and **Mordechai** permit it explicitly; so in **Shiryurei Minchah** in omission in name of **Maharsham Daath Torah** 302; **Eshel Avraham Betchuch** 302).
108. "Fruit that was scattered in a house or in a yard may be gathered, but if it is scattered all over, one fruit here and one fruit there, requiring excessive toil to gather them, they may not be gathered in a basket, but may be gathered one by one and eaten." (335:5). There are other ways of gathering that are permissible. See **Be'ur Halachah**, end of 335, **Or'choth Chaim**). "The same ruling applies if salt or eggs or the like scatter (**Minchas Pittim** quoting **Or Zarua** in the name of **R. Eliezer of Metz**, quoting also **M'iri**, and concluding that one should adopt their stringent view in practice).
109. "The Rabbis o.b.m. Interdicted certain acts on **Shabbos** because of 'weekday activities.' The Rabbis' intention was to prohibit acts that fall into any of the following three categories: (1) things the Rabbis prohibited because they resemble work (2) Things they prohibited because, by doing them, one may come to do work; and, (3) Acts entailing excessive toil." (**Tifereth Yisrael** in **Kalkalath HaShabbos**, quoting **Epistle of Rambam**).
110. "Fruit found under a tree may not even be handled, for perhaps it fell on **Shabbos** (322:3). Although it be definite that it fell on Friday, it is permissible only to gather then one by one and to eat them, but to gather many of them together is prohibited, and it is likely that one who does so is liable to a sin-offering." (**Mishnah Berurah** 6, 340:6 and **Be'ur Halacha** *ad loc.*).
111. "There is doubt whether one may put pieces of a lemon into tea in order to give it a pleasant aroma." (**Minchath Shabbos** 80:48). If he does so for the taste rather than the smell, it is surely permissible. (Appendix of **Shulchan Aruch HaGraz** 511:1).
112. "Likewise, anything added to food or drink for its smell may possibly be prohibited on **Shabbosim** and festivals (see **Taz**, **Magen Avraham** end of 511; **Sha'arei Teshuvah** *ad loc.*; **Pri Megadim** 320:25; **Shulchan Aruch HaGraz** 511, and in Appendix; **Daath Torah** and new **Or'choth Chaim**, *ad loc.*).
113. "We may drink rain or snow that fell on **Shabbos**, as well as wash with them. There is no interdict of **muktzeh** (things set aside from being used on **Shabbos**) or **nolad** (things that came into being on **Shabbos**) even if there were no clouds before **Shabbos**." (**Geonic Responsa** 232; **Zechor L'Avraham**, vol. 1 rain; **Nezer Yisrael** 38 in vol., quoted by **Minchas Shabbos**. **Toledoth Shemuel** writes that through the views of these authorities, the question posed by **Pri Megadim Laws of Muktzeh**, 29, to consider this **muktzeh**, is refuted, so **Mishnah Berurah** 338:30).

114. "To make one knot and a bow over it, as people do on the **Shabbos**, when they wish to tie two things together, is not permitted (317:5), except with things usually untied on that very day. Otherwise, it is prohibited, even if he intends to untie it on that day." (**Kalkalath Shabbos, Laws of Untying 22; Kitzur Shulchan Aruch 80:45** so appears from **Mishnah Berurah 29**). Others, however, are lenient (**Misgereth HaShulchan** is lenient regarding a knot, customarily tied temporarily, if he intends to untie it on that day; cf. **Responsa Maharshag 1:60, Aruch HaShulchan 317:10** are more lenient). As regards tying a sefer Torah on **Shabbos** at Minchah, the authorities have dwelt at length (see **Minchas Shabbos 80:155; Toledoth Shemuel, Laws of Tying; Responsa Zichron Yehudah; Nimmukei Orach Chaim 317; Aruch HaShulchan and Maharshag**, ad loc.).
115. "Anything tied with the intention of untying it within twenty-four hours is regarded as intended to be untied on that day." (**Pri Megadim, Eshel Avraham 317:2**; quoted as a decision by **Mishnah Berurah; Minchas Shabbos** and other authorities, ad loc.).
116. "Where pain is involved, we may untie even two knots one upon the other, if it is customary to untie it on that day." (**Ramo 317:1; Magen Avraham 11; Graz 66:2**). Others rule stringently if the knot is tied very tightly (**Kalkalath Shabbos**, *ibid.*). "Not only is it permissible to untie it, but also to break it if it is impossible to untie it. This may not be done in the presence of an ignorant person, but in private." (*ibid.*).
117. "Even two knots maybe untied if it is apparent they are not tight at all." (**Levushhei Serad 317 on Magen Avraham 4**).
118. "If, at the time of tying, he did not tie the knot tightly, but if tightened up later by itself, it may be broken, since at the time it was tied, it was an amateur knot." (**Nezer Yisrael**, quoting **Shulchan Aruch Atzei Shittim; Minchas Shabbos 154**; apparently **Chazon Ish 52:17**). "Likewise, something customarily tied with a bow over a knot, which, unintentionally was tied into two knots, may be untied. If he cannot untie it, he may cut it or break it, but not in the presence of an ignorant person." (**Yam Shel Shelomo, Betzah ch. 4; Bach; Chaye Adam 26:2; Minchas Shabbos**, *ibid.*).
119. "We may not insert a lace into a new shoe on **Shabbos**, since this is regarded as fixing a utensil. Likewise, a cord may not be drawn through a new cape or a new pair of trousers because he intends to leave it there permanently. To insert a belt into a pair of trousers, however, is permissible, since one does not leave it there permanently, but inserts it and removes it daily. (**Magen Avraham 317:8; Kitzur Shulchan Aruch 80:48; Shulchan Aruch HaGraz 5; Mishnah Berurah 16**). Likewise, with an old shoe, if the hole is small and it is hard to insert the lace, or if it is customary to tie a knot at the end of the lace to prevent it from slipping out, even though [in this case] he is not making a knot, it is prohibited." (**Magen Avraham, Taz, Graz, Mishnah Berurah**, ad loc.).
120. "Pages of books that unintentionally become stuck together with wax, or with paint applied by the binder or by any other means; since it was done by itself; we may open them, for this is not like sewing, and, hence, separating them does not constitute tearing (end of sec. 340 in **Magen Avraham; Mishnah Berurah** no. 45; **Kitzur Shulchan Aruch 40; and other authorities**). If they became attached on the letters we may not separate them." (**Mishbetzoth Zahav 66:2; Mishnah Berurah**, ad loc.; **Minchas Shabbos 80:163, File 10**).



121. "Those pages that were not yet separated, however, may not be separated. If one separates them he is liable to a son-offering. We may not even order a non-Jew to separate them." (**Pri Megadim, Mishnah Berurah**, see **Be'ur Halachah**).
122. "If one wishes to close a box or a receptacle in which there are flies, he must be sure to drive them out first, lest they become trapped therein." (**Ramo** 316:3; so **Bach, Taz, Magen Avraham, Graz, Mishnah Berurah** and other authorities). "As long as he drives away the visible flies it is sufficient. He need not search to ascertain, whether any remain." (**Taz, Kitzur Shulchan Aruch** 53, **Mishnah Berurah**, *ibid.*).
123. "We may not draw out blood. Hence, we may not suck out the blood between the teeth, or press a wound to draw out the blood." (**Magen Avraham** end of No. 33).
124. "If thorns or thistles caught onto someone's clothes he must separate them gently lest they tear; then, if they tear, we are not concerned. Likewise, we may crack nut with a cloth, without being concerned whether it tears." (**Mishnah Berurah**, end of sec. 340).
125. "A fingernail, the majority of which has fallen off ... cause pain, he may remove them by hand." (see 328:31).
126. "Whether one may lean on a tree depends on whether he is healthy, in which case he may. Since he is leaning only slightly on the tree, it is not regarded that he is using something attached to the earth. If he is weak, however, he leans with all his might on the tree. This is called using the tree, which is attached to the earth, and this is interdicted. The distinction applies only if he does not move the tree. If he moves it, however, even a healthy person may not lean, since this itself is use of a thing attached to the earth." (**Magen Avraham, Machatzith HaShekel, Pri Megadim**, and **Mishnah Berurah**, end of sec. 336).
127. "We may smell growing myrtle or other grass that is inedible, but we may not smell an esrog or other edible fruit as long as it is attached to the ground." (336:10).
128. "Grasses that grew on a utensil because of its moisture, are considered attached to the ground, and one who tears them out is liable." (336:5).
129. "We may walk on grass either moist or dry, eventhough it may tear by walking, since he does not intend this to happen. (336:3). If the grass is very tall, however, he should take care not to run or walk fast, since tearing out the grasses is inevitable." (**Mishnah Berurah** no. 25).
130. "If one inadvertently climbed a tree on **Shabbos**, he may climb down. If he did it intentionally, he may not climb down until the conclusion of **Shabbos**." (336:1), but an article, even if it was placed there during the day [before **Shabbos**], may not be taken down on the **Shabbos**." (**Ramo** *loc. cit.*).
131. "One should not dip his finger in liquids and write with it on the table or on paper or parchment. (340:4, **Mishnah Berurah** no. 19). This is prohibited even on perishable foods such as leaves of vegetables and the like." (**Kenesseth Hagedolah, Eliyah Rabba, Mishnah Berurah**, *loc. cit.*). If one dips his finger in water and writes, it is questionable (see **Sha'ar Hatziyun** no. 28 that **Tifereth Yisrael** prohibits it. He questions this, however, since **Rashi, Ran, and Rav**, all write [that 'liquids' refer to] mulberry juice, which blackens. This implies that writing with water is in no way considered writing.)"

132. "One may not scratch letters in dry ashes or sand (304:4), nor may one mark on glass windows during the winter, when they are moist from the cold atmosphere. (**Pri Megadim** 340, **Kitzur Shulchan Aruch** 80:62, **Mishnah Berurah** no. 20). [We may surely not write] on frost and snow that are on the window during the winter." (**Minchath Shabbos** 80:196).
133. "If someone marked letters on congealed substances, e.g. blood or fat that became congealed, he is liable." (**Mishnah Berurah** ad loc.).
134. "Nowadays that we do not use parchment, only paper, it is prohibited to mark on a book, even with the fingernail; even mere line as a reminder, and surely a real letter, which prohibited even on parchment (340:5; **Mishnah Berurah** nos. 24, 25). It is likewise, always prohibited with an implement." (ibid.).
135. "One may forms of letters in the air, even if he intends to intimate something to his friend (340:4). Likewise, one may run his ringer over a dry board, forming shapes of letters, since the mark is not at all visible." (**Taz** loc. cit.).
136. "We may not attach silver letters to the ark curtain because this is tantamount to writing, and to remove them is tantamount to erasing." (**Magen Avraham** 340, **Shulchan Atzei Shittim**, **Mishnah Berurah** no. 22).
137. "If wax dripped on a letter, we may not remove it on **Shabbos**, since, by erasing it, the letter becomes recognizable, it is tantamount to erasing with the intention of writing." (**Bach**, **Olath Shabbos**, **Taz**, **Magen Avraham**, **Eliyah Rabba**, **Kitzur Shulchan Aruch** 80:62, **Mishnah Berurah** no. 10).
138. "A cake upon which shapes of letters, made of some other substance, are attached, some rule that we may not break it, eventhough we intend to eat it, since it is considered erasing (**Ramo** 340:3). Many other authorities are lenient, however (**Sha'arei Teshuvah** no. 1, quoting **Dagul Merevavah** who permitted it and concludes that whoever wishes to be stringent shall do so only for himself but no for other. **Ilkrei Dinim** 14:80 quotes other authorities who are lenient). We may rely upon on those who rule leniently if one does not break the cake with his but with his mouth in the process of eating (**Mishnah Berurah** no. 17). Likewise, we may break with the left hand (Eliyah Rabba) or give it to a child." (**Mishnah Berurah** no. 14).
139. "If the script is of the cake itself, whether printed or written manually, it is permissible." (**Mishnah Berurah** loc. cit.).
140. "Some hold that drawings have the same ruling as letters." (**Mishnah Berurah** 16).
141. "A book that has letters or words written on the edges of the pages some prohibit opening and closing it on **Shabbos**, since this is a tantamount to writing and erasing, but **Responsa Ramo**, as well as many other latter-day authorities rule leniently, as is common practice." (**Mishnah Berurah** 340:17 writes that the latter-day authorities state that such is common practice) but it is proper to be stringent if another book is available (So, it appears from **Chaye Adam**, and so **Tifereth Yisrael**). From the outset, it is better to comply with all opinions and not to make letters on the edges of the pages." (**Shaar Hatziyun** no. 25).
142. "Aminor who committed a sin in his childhood (e.g. desecration of **Shabbos** or the like), eventhough he does not require penitence when he grows up, should nevertheless, resolve



to perform some act of repentance and atonement, eventhough he committed the sin before he was held accountable.” (**Ramo** end of sec. 343).

143. "We may not knock with Iron or any implement designated for making sounds, such as door knocker eventhough it does not produce musical sounds.” (**Ramo** 338:1).
144. "Barrel of wine that were brought on a wagon may not be taken off on **Shabbos** except in honor or guests or for a mitzvoh matter (333:3). Even if they were brought on the eve of **Shabbos**, and then his intention was to drink from them, he may, nevertheless, not take them off, either because it is weekday activity or because of excessive toil. Rather he should draw from them while they are standing on the wagon. (**Mishnah Berurah** in the name of the latter-day authorities).
145. "A flea, i.e. a black louse that jumps, may not be caught, unless it is on one's flesh and it bites him (316:9). Because of the pain of the bite the Rabbis did not enact an interdict. Therefore, he may catch the flea and throw it away (**Magen Avraham, Gra**, and others). Others rule even more leniently, viz. That if it is on the inside of his shirt, he may take it with his hand and throw it away, lest he be bitten. If he can cast it to the ground without taking it in his hand, it is definitely proper to be stringent in this matter. (**Graz** par. 18; **Mishnah Berurah** no. 27).
146. "One may scatter straw in a yard that has deteriorated because of rain, and it is not considered adding to a building, provided he does it in an unusual manner, viz. not to use a basket or a box, but to invert a box and bring straw on its underside. This is considered a change, but [to scatter it] by hand is prohibited (313:10). Since it is fit for fodder or for clay, he does not intend to leave it there permanently, [and it is consequently not regarded as adding to the building] but something he intends to leave there permanently, such as mud, sand, or pebbles, he may not scatter since he may come to even out holes.” (**Mishnah Berurah** no. 55).
147. "A long bench from which one of the legs slipped out, and surely if two of them [slipped out], may not be moved to place it another bench and to sit on it, even if it broke during the [preceding the **Shabbos**], unless he already sat on it in this manner before **Shabbos** (308:16). This applies only if the leg slipped out, since it is possible to return it to its place, but if it broke, so that it is impossible to return it to its place, it is permissible.” (**Mishnah Berurah** no. 69). If the leg disappeared, there is also no danger (*ibid.*). The entire interdict is to move it about, but to sit on it without moving it, is obviously permissible.” (**Mishnah Berurah** no. 70).
148. "It is also prohibited to return the leg to the place from which it slipped out since this is considered building (**Ramo** *ibid.*). Only if it customarily is loose, and he inserts loosely, it is permissible. If it customarily is only slightly loose, it may not even be inserted loosely.” (**Beth Yosef** 313, **Mishnah Berurah** 308:72).
149. "A thorn lying in a public domain may be moved short distances of less than four cubits each, and in a **karmelith** (a semi-public domain), it may be moved directly, since we fear the public will be injured by it, and where there may be injury, the Sage did not enact **shevus**, a Rabbinic restriction (308:18) until he removes it to the sides of the public domain, where the public does not walk.” (**Mishnah Berurah** 76). “If the thorn is big, since it is conspicuous, people can take care not to injure themselves on it. It may, therefore, not be moved directly, but it may be moved from the side.” (**Mishnah Berurah** 75).

150. "If glass breaks on a table or in a place frequented by people, we may handle the fragments to remove them lest people can cut themselves with them (308:6). Pottery and the like, which do not usually injure, may not be moved away by hand but with the feet, for moving with the body is permissible." (**Mishnah Berurah** no. 30).
151. "A sewing needle found where people may injure themselves on it, may be moved even if it is broken." (**Mishnah Berurah** no. 47).
152. "A whole needle may be moved for the purpose of removing splinter. (lit. a thorn) (308.11). Likewise, it is permissible to thrust it through garments to fasten them together in case of emergency." (**Mishnah Berurah** no. 46).
153. "Ordinary ladders in the house, that are used to move from one corner to another for some use, may be moved to bring something down from the upper story or to bring something up. Even if the ladder is very big, it may be moved, as is explained in **Taz** sec. 518." (**Mishnah Berurah** no. 78).
154. "Anything fit for feed for common beasts or fowl, may be moved. If it is only for uncommon beasts or fowl, it may be moved only if he has such a creature for whom it is fit, otherwise not." (308:29).
155. "Raw meat, even if it was not yet salted, may be moved, because it is fit to eat raw (308:31), and there is no interdict of blood after it is rinsed (**Mishnah Berurah** no. 125, according to **Yoreh Deah** sec. 67). Some say that this applies only to soft meat, such as pigeon and duck, but not to flesh of animals (**Magen Avraham**). Other, however, are lenient even in the case of the flesh of animals (**Taz, Eliyah Rabba, Gra**). In emergency, we may rely on those who rule leniently." (**Mishnah Berurah** no. 125).
156. "We may not make a pot of ordure from the start (308:36) i.e. from the start one may not make anything that will surely be loathsome to him, and he will carry it out. Eventhough the Rabbis permitted carrying out a loathsome thing, we may not create from the start, something we know will surely be loathsome." (**Mishnah Berurah** no. 139). In case of loss, i.e. if the pot of ordure remains in a place where it will be stolen or it will spoil, if it is lying in a room, in a place where he does not live, or in a yard in a place where he does not walk, he may bring in his bed to lie on it, or his table to eat on it. Through this act, it is regarded as though he live there, and it is, consequently, permissible to remove the pot of ordure. Mere sitting in the room does not suffice (par. 37 according to **Mishnah Berurah** nos. 140, 141). Sitting does not suffice in the case that he is going now to sit there next to the pot of ordure, but if the pot of ordure is lying in a place where people walk, he may remove it." (**P'er Yisrael, Laws of Shabbos**, so appears from **Shulchan Aruch**. See Above no. 153).
157. "Whether one may create a pot of ordure before him where there is a loss, **Be'ur Halachah**, quoting **Gra**, prohibits it.
158. "Any filth, such as dung, vomit, or excrement, either of humans or of chickens or the like, if they were in a yard where people are sitting, may be removed to a dung heap or to a privy even without a receptacle." (308:34). For example, in the yards in front of the houses, where people walk, they permitted to remove it because of a person's dignity. Likewise, if he is lying in an alley frequented by people, it may be moved to the side (**Mishnah Berurah** no. 131). The same applies to a dead mouse that is found; it may be



carried out directly (**Mishnah Berurah** no. 130). “In a yard where he does not live, such as a yard in the back of the house, or if it is lying in a dung heap in the yard, it may not be moved.” (**Mishnah Berurah** no. 133). A pot of ordure or a urinal lying in a place where people do not live, is also prohibited (**Eliyah Rabba, Mishnah Berurah** no. 134), but if it is full, and it is impossible to satisfy one's needs on it, he may take it out and return it because of human dignity (**Mishnah Berurah**, *ibid.*). In this case, that he requires the pot to satisfy his needs he may return it without water.” (see **Sha'ar Hatziun** no. 114).

159. "Although we may carry out a pot of ordure or a urinal, we may not bring them back unless we put water in them (308:35). The water must at least be fit for an animal to drink (**Mishnah Berurah** no.135). One should not rely on the permission of putting in water unless he needs the pot or the urinal to carry out excrement or urine. If he does not need it, he may not carry it out in this manner, unless it is lying in a place he does not use, and he fears it may be lost (**Mishnah Berurah**, *ibid.*). If he needs it to satisfy his needs he requires no water.” (see above no. 153).
160. "While it is yet day, a person may bring in a basketful of earth and designate a corner for it, and perform all his necessities with it on **Shabbos** (308:38). It is permissible only if he is not making a hole, such as if he takes it evenly or if the sand is fine, or it is soft earth, which falls immediately into the hole and stops it up (**Mishnah Berurah** no. 143).
161. "We may not handle cattle, beasts, or fowl. We may, however, invert a basket in front of chicks so that they go up and down on it (308:39). Even if he may suffer a loss through them, e.g. if a fowl is flying on the vessels and may possibly break them, one may not grasp them in his hands. (**Mishnah Berurah** no. 146).

