

DAILY ZOHAR

The Daily Study Of The Holy Zohar

Revealing the secrets of the spiritual system

In the writing of the Ari, Rabbi Chaim Vital describes how his teacher, the Holy Ari, was doing the Kaparot with chicken before Yom Kippur.

Many people follow this process. I myself decided to do the Kaparot with money because of two main reasons. I do not know a trusted Shochet that will do the meditation of the Ari. The one that does it in the morning slaughtering maybe hundreds of chickens may not check his knife frequently for flaws in the blade that would make the slaughter non-Kosher. It may bring judgements on the chicken soul and make it non-kosher. Whoever eats the chicken later may eat a non-kosher meat and that affects the soul negatively. The improper slaughtering turns the act to have the aspect of cruelty to animals and the outcome of the Kaparot may not be as intended or desired.

Bottom line is that if you are not sure about the Kosher slaughtering then it's better to do the Kaparot with money as described below.

The process of Kaparot with money is done in a similar way, replacing the live chicken with money. We use \$10 US per person. If you live in a country outside the US then check the value of half a shekel as described here:

<http://dailyzohar.com/?p=16490>

The Half-a-Shekel is a precept from the Torah. It is used to atone (Kapara) for the soul of the Israelites.

The Kaparot process is done any time between Rosh Hashanah and Yom Kippur, preferably early morning on the day before Yom Kippur.

The next pages describe the steps.

Step 1

Read or scan the following nine lines

בְּנֵי אָדָם יוֹשְׁבֵי זוֹשֶׁךְ וְצַלְמֹת אֲסִירֵי עֲנִי וּבָרוּל

->benei adam yoshevei choshech vetzalmavet asirei oni uvarzel

יוֹצִיאֵם מִזוֹשֶׁךְ וְצַלְמֹת וּמוֹסְרוֹתֵיהֶם יִנְתַּק

->yotzi'em mechoshech vetzalmavet umoseroteihem yenattek

אֲוִילִים מִדֶּרֶךְ פִּשְׁעָם וּמַעֲוֹנוֹתֵיהֶם יִתְעַנּוּ

->evilim miderech pish'am ume'a'onoteihem yit'annu

כָּל אֶכֶל תִּתְעַב נַפְשָׁם וַיָּגִיעוּ עַד שַׁעְרֵי מוֹת

->kal ochel teta'ev nafsham vayagi'u ad sha'arei mavet

וַיִּזְעְקוּ אֵל יְהוָה בְּצַר כִּלְהֵם מִמְצוּקוֹתֵיהֶם יוֹשִׁיעֵם

->vayiz'aku el adonai batzar lahem mimmetzuketihem yoshi'em

יִשְׁלַח דְּבָרוֹ וַיִּרְפָּאֵם וַיַּמְלֵט מִשְׁוֹזוּיֹתוֹתָם

->yishlach devaro veyirpa'em vimallet mishechitotam

יֹדוּ לַיהוָה זִסְדּוֹ וְנִפְלְאוֹתָיו לִבְנֵי אָדָם

->yodu l'adonai chasdo venifle'otav livnei adam

אִם יֵשׁ עָלָיו מַלְאָךְ מִלֵּיץ אֲזוּד בְּנֵי אֶלֶף לְהַגִּיד לְאָדָם יִשְׂרָאֵל

->im yesh alav mal'ach melitz echad minni aleflehagid le'adam
yashero

וַיִּזְנְנוּ וַיֵּאמֶר פְּדֵהוּ מִרְדֶּת שְׂוֹת מִצְּאֵתִי כִפֹּר

->vaychunnennu vayo'mer peda'ehu meredet shachat matza'ti
chofer

Step 2.

Place the money (cash, coins or bills) for Tzedakah inside an envelope or a cloth. Use same amount for each person. Turn the envelope with the money over the head in a circle, counter clockwise once for each of the three lines in the table below. Pause and say the fourth line.

Repeat the three times, so you will make 9 circles over the head (yours or your children).

RIGHT: (1st Right of Chesed, 2nd left of Chesed, 3rd center of Chesed)

LEFT: (1st Right of Gevurah, 2nd left of Gevurah, 3rd center of Gevurah)

CENTER: (1st Right of Tiferet, 2nd left of Tiferet, 3rd center of Tiferet)

You may do kaparot for your children; just choose the related one column below.

	Hebrew	For one self (male or female)	Doing it for another female	Doing it for another male	
1 st circle	זֶה חַלִּיפָתִי	זֶה חַלִּיפָתִי zeh chalifati	Zeh Chalifatech	Zeh kaparatcha	Right
2 nd circle	זֶה תְּמוּרָתִי	זֶה תְּמוּרָתִי zeh temurati	Zeh temuratech	Zeh Temuratcha	Left
3 rd circle	זֶה כְּפָרְתִי	זֶה כְּפָרְתִי zeh kaparati	Zeh Kaparatech	Zeh Kaparatcha	Center
4 th (No circle)	<p>זֶה הַכֶּסֶף יֵלֵךְ לְצַדָּקָה וְאֲנִי אֵלֶךְ לְחַיִּים טוֹבִים אֲרוּכִים וּלְשָׁלוֹם -> zeh hakesef yelech letzedakah (<i>meditate on Rabbi Shimon who reveals the greatest light in the world through the Zohar</i>) va'ani elech lechayim tovim arukim uleshalom</p>				

Translation of the text in the above box

1st This is my exchange, 2nd this is my substitute, 3rd this is my expiation (atonement).

4th This money will go to Tzedakah and I will go to a good, long life and peace

Complete Step 1 and 2 for each person then go to step 3

Step 3

Give the money that was in the envelope(s) to poor people in true need of immediate food and or shelter. Do it before the start of Yom Kippur by handing out the money, mail it or give it online.

Alternatively and mainly, give the money to those who teach you Torah and Zohar because that light feeds the hunger for the light that all people need. That is important aspect of Tzedakah that draws the life force that we need in our lives for the coming year and beyond.

You may make the Tzedakah by supporting the Daily Zohar projects.

You may add to the amount of Tzedakah increasing the aspect of 'Life' in your actions. See video and explanation on Tzedakah here:

<http://dailyzohar.com/the-spiritual-aspects-of-tzedakah-and-righteousness/>

To make a donation use this link:

<http://dailyzohar.com/contributions/>



With Love, Blessings and Gemar Chatima Tova to all

Zion

<http://DailyZohar.com>

<http://UnityZohar.com>