

## Special meditation for 25<sup>th</sup> day of Elul

The Ben Ish Chai recommends this special meditation on the evening of the 25<sup>th</sup> and this year it's on Tuesday night September 4<sup>th</sup>.

It's recommended to elevate the event with full meal and Birkat Hamazon. Give Tzedaka, avoid conflicts and any kind of negativity. The benefit of this connection is the removal of evil eye from home and all kind of negativity.

On this day, the world was created and five lights of Chassadim is revealed. They come from the five words 'אור', 'Light' that appear on the first day of Creation. It makes this day a holy day and one can make personal wish and prayers after lighting the candles.

After reading the text in the frame below light **five** candles.

(English Transliteration should be read from left to right)

On this day we also have the Hilulah of Rabbi Elazar son of Rabbi Shimon and you can add one more candle for him.

וַיֹּאמֶר אֱלֹהִים, יְהִי אוֹר; וַיְהִי-אוֹר

vayo'mer elohim, yehi or; vayehi-or

אֱלֹהִים הִשִּׁיבֵנו וְהָאֵר פְּנֵיךָ וְנִשְׁעָה

elohim hashivenu vaha'er paneicha venivashe'ah

אֱלֹהִים יִזְוָנוּ וַיְבָרְכֵנו יְאֵר פָּנָיו אֶתֵּנוּ סֵלָה

elohim yechannenu vivarechenu ya'er panav ittanu selah

אֵל יְהוָה וַיֵּאָר לָנוּ אֶסְרוּ זֶזַג בְּעֵבְתִים עַד קִרְנוֹת הַמִּזְבֵּחַ

el Adonai vaya'er lanu isru chag ba'avotim ad karnot hammizbeach

כִּי אַתָּה תֵאִיר נְרִי יְהוָה אֱלֹהֵי יְגִיָּה זֹשְׁכִי

ki attah ta'ir neri Adonai elohay yagiha chasheki

כִּי עֲמָךְ מְקוֹר חַיִּים בְּאוֹרְךָ נִרְאָה אוֹר

ki immecha mekor chayim be'orecha nir'eh or

בֵּית יַעֲקֹב לְכוּ וְנִלְכָה בְּאוֹר יְהוָה

beit ya'akov lechu venelechah be'or Adonai