



In the writing of the Ari, Rabbi Chaim Vital describes how his teacher, the Holy Ari, was doing the Kaparot with chicken before Yom Kippur.

Many people follow this process. I decided to do the Kaparot with money because of two main reasons. I do not know a trusted Shochet that will do the meditation of the Ari. The one that does it in the morning, slaughtering maybe hundreds of chickens, may not check his knife frequently for flaws in the blade that would make the slaughter non-Kosher. It may bring judgments on the chicken soul and make it non-kosher. Eating non-kosher meat may affect the soul negatively. The improper slaughtering turns the act to have the aspect of cruelty to animals, and the outcome of the Kaparot may not be as intended or desired.

The bottom line is that if you are not sure about the Kosher slaughtering, then it's better to do the Kaparot with money, as described below.

Kaparot with money is done similarly, replacing the live chicken with money. We use \$10 US per person. If you live in a country outside the US, then check the value of a whole chicken or the value of 9 grams silver.

The Kaparot process is done at any time between Rosh Hashanah and Yom Kippur, preferably early morning on the day before Yom Kippur.

The following pages describe the steps.

Step 1

Read or scan the following nine lines

בְּנֵי אָדָם יוֹשְׁבֵי זוֹשֶׁךְ וְצַלְמָוֶת אֲסִירֵי עֲנִי וּבָרָזֶל

->benei adam yoshevei choshech vetzalmavet asirei oni uvarzel

יוֹצִיאֵם מִזוֹשֶׁךְ וְצַלְמָוֶת וּמוֹסְרוֹתֵיהֶם יִנְתֶּנָּה

->yotzi'em mechoshech vetzalmavet umoseroteihem yenattek

אֲוִילִים מִדֶּרֶךְ פִּשְׁעָם וּמַעֲוֹנוֹתֵיהֶם יִתְעַנּוּ

->evilim miderech pish'am ume'a'onoteihem yit'annu

כָּל אֹכֵל תִּתְעַב נַפְשָׁם וַיָּגִיעוּ עַד שַׁעְרֵי מוֹת

->kal ochel teta'ev nafsham vayagi'u ad sha'arei mavet

וַיִּזְעְקוּ אֶל יְהוָה בְּצַר לָהֶם מִמִּצְוֹתֵיהֶם יוֹשִׁיעֵם

->vayiz'aku el adonai batzar lahem mimmetzuketihem yoshi'em

יִשְׁלַח דְּבָרוֹ וַיִּרְפָּאֵם וַיַּמְלֵט מִשְׁוֹיֹתוֹתָם

->yishlach devaro veyirpa'em vimallet mishechitotam

יֹדְדוּ לַיהוָה זִסְדּוֹ וְנִפְלְאוֹתָיו לִבְנֵי אָדָם

->yodu l'adonai chasdo venifle'otav livnei adam

אִם יֵשׁ עָלָיו מַלְאָךְ מִלֵּין אֶזְזֹד מִנִּי אֶלֶף לְהַגִּיד לְאָדָם יִשְׂרָאֵל

->im yesh alav mal'ach melitz echad minni aleflehagid le'adam
yashero

וַיִּזְנְנוּ וַיֹּאמְרוּ פְדֵנוּהוּ מִדֶּדֶת שַׁחַת מַצָּאתִי כֹפֵר

->vaychunnennu vayo'mer peda'ehu meredet shachat matza'ti
chofer

Step 2.

Place the money (cash, coins or bills) for Tzedakah inside an envelope or a cloth. Use same amount for each person. Turn the envelope with the money over the head in a circle, counter clockwise once for each of the three lines in the table below. Pause and say the fourth line.

Repeat the three times, so you will make 9 circles over the head (yours or your children).

RIGHT: (1st Right of Chessed, 2nd left of Chessed, 3rd center of Chessed)

LEFT: (1st Right of Gevurah, 2nd left of Gevurah, 3rd center of Gevurah)

CENTER: (1st Right of Tiferet, 2nd left of Tiferet, 3rd center of Tiferet)

You may do kaparot for your children; just choose the related one column below.

Meditate on **זֹחֶתֶךְ**. It is the name of the angel that provide sustenance and life to all.

	Hebrew	For one self (male or female)	Doing it for another female	Doing it for another male	
1 st circle	זֹחֶתֶכֶּפְתִּי	זֹה זֹחֶלֶפְתִּי chalifati	Zeh Chalifatech	Zeh kaparatcha	Right
2 nd circle	תְּמוּרָתִי	תְּמוּרָתִי temurati	temuratech	Temuratcha	Left
3 rd circle	כַּפָּרָתִי	כַּפָּרָתִי kapatati	Kaparatech	Kaparatcha	Center
4 th (No circle)	<p>זֹה הַכֶּסֶף יֵלֵךְ לְצֶדֶקָה וְאֲנִי אֵלֶךְ לְזֵוִיִּים טוֹבִים אֲרוּכִים וּלְשָׁלוֹם -> zeh hakesef yelech letzedakah va'ani elech lechayim tovim arukim uleshalom</p>				

Translation of the text in the above box

1st This is my exchange, 2nd my substitute, 3rd my expiation (atonement).

4th This money will go to Tzedakah and I will go to a good, long life and peace

Complete Step 1 and 2 for each person then go to step 3

Step 3

Give the money in the envelope(s) to poor people who genuinely need immediate food and shelter. Do it before the start of Yom Kippur by handing out the money, mail it, or give it online.

Alternatively, mainly, give the money to those who teach you Torah and Zohar because that light feeds the hunger for light that all people need. That is an important aspect of Tzedakah that draws the life force that we need in our lives for the coming year and beyond.

You may make the Tzedakah by supporting the Daily Zohar projects. You may increase the amount of Tzedakah, increasing the aspect of 'Life' in your actions. See video and explanation on Tzedakah here:

<https://dailyzohar.com/the-spiritual-aspects-of-tzedakah-and-righteousness/>

To make a donation use this link:

[Yom Kippur Tzedakah](#)



With Love, Blessings and Gemar Chatima Tova to all

Zion

<https://DailyZohar.com>

<https://UnityZohar.com>